# College of Public Health & Health Professions https://elearning2.courses.ufl.edu/portal/site/UFL-PCH7007-56252-12015 PHC7007, Section 175F

Cancer Epidemiology Spring 2015 (3 credits)

Monday 11:45-12:35, Wednesday 11:45-1:40 HPNP G-105

# **Instructor Information**

Dr. Volker Mai

- Office: Emerging Pathogens Institute, Room 373
- **Email (the most efficient):** Use the e-learning mail in priority, including both, instructor and TA (if applicable).
- **Phone:** 273 9398 (please leave a message).
- Office hours:
  - Monday/Wednesday after class
  - o By appointment: send me a mail (through e-learning) if you have conflicts with the office hour times, we will set up an appointment.

#### **Course Overview or Purpose**

Cancer epidemiology is designed to help students develop the interdisciplinary skills required for evaluating various existing and hypothetical public health interventions aimed at reducing the burden of cancer in the US and worldwide. The course will familiarize students with various exposures associated with the risk of developing cancer with emphasis on a population perspective. While a focus will be on opportunities for prevention; we will explore cellular mechanisms contributing to the development of various cancers and describe associated pathologies. Cancer epidemiology is taught in a combined lecture and discussion format. Each student, with guidance, will choose a current problem in cancer epidemiology/prevention and, following an initial presentation of the problem, develop an approach to the problem that is discussed in class. After incorporating relevant feedback, the student will present a formal presentation on a prevention approach and submit a term paper that represents a short proposal for a research project. In addition to conventional lectures on fundamental topics of cancer epidemiology relevant scientific papers describing recent advances in the field will be discussed.

# **Course Objectives and/or Goals**

After successful completion of this course, students will be able to:

- 1) Evaluate the impact of various cancers on public health.
- 2) Link molecular mechanisms with specific cancers to identify prevention targets.
- 3) Compare and contrast exposures associated with cancer.
- 4) Compare and contrast major mechanisms of carcinogenicity.
- 5) Evaluated effectiveness of various public health measures to reduce cancer burden.
- 6) Summarize mechanisms of defenses against carcinogenicity.
- 7) Understand the special concern of carcinogen exposure in immune compromised individuals.
- 8) Compare and contrast the genomic basis of carcinogenicity using web based genome analysis tools.
- 9) Describe the major mechanisms of cancer treatment failure.
- 10) Develop risk profiles for individuals based on phenotypic predisposition and exposures to risk factors.
- 11) Predict future trends in worldwide cancer rates associated with expected lifestyle changes.

# **Course Materials**

Textbooks: The textbook used in this course is "Textbook of Cancer epidemiology", Adami, Hunter, Trichopolous 2nd edition, Oxford Press.

#### **Prerequisites:** NONE

# **Course Requirements/Evaluation/Grading**

| • | Midterm exam (in class)             | 15% |
|---|-------------------------------------|-----|
| • | Final exam (take home)              | 25% |
| • | Class participation                 | 20% |
| • | Research Proposal/Systematic Review | 30% |
| • | Presentation                        | 10% |

#### **Grading:**

| 0          |               |      |
|------------|---------------|------|
| 93 -100%   | A             | 4.0  |
| 90-92.9%   | A-            | 3.67 |
| 87-89.9%   | $\mathbf{B}+$ | 3.33 |
| 83-86.9%   | В             | 3.0  |
| 80-82.9%   | B-            | 2.67 |
| 70.0-79.9% | C             | 2.0  |
| 60.0-69.9% | D             | 1.0  |
| <60%       | E             |      |

For greater detail on the meaning of letter grades and university policies related to them, see the Registrar's Grade Policy regulations at

http://www.registrar.ufl.edu/catalog/policies/regulationgrades.html

**WebPage:** e-learning Web site (https://elearning2.courses.ufl.edu/portal).

**Communication:** For questions regarding class and textbook content use the Discussion Board. For issues on Homework Assignments and their grading, contact the TA. For all other issues, contact instructor.

- **Discussion Board**: A discussion board is available in e-learning. It is very useful, please post and answer your questions on class content and organization there. Postings and answers are monitored by the instructor to make sure mistakes don't get propagated. There are several discussion themes. Please post your questions in the adequate section. The discussion board will also be used for certain graded assignments to prepare for lecture and for the exam study guide.

**Topical Outline** 

| Week | Dates  | Topic  | Reading topic                    |
|------|--------|--|----------------------------------|
| 1    | 01/07- | Introduction                                       |                                  |
|      | 01/9   |  |                                  |
| 2    | 01/12- | Trends in cancer incidence in the US and worldwide | ACS cancer statistics (yearly    |
|      | 01/16  |  | update)                          |
| 3    | 01/19- | Cellular aspects of carcinogenesis                 | P53 tumor suppressor             |
|      | 01/23  |  |                                  |
| 4    | 01/26- | Cancer immunology and pathology                    | Cancer immunity (Nature          |
|      | 01/30  |  | reviews)                         |
| 5    | 02/02- | Infectious causes of cancer                        | H.pylori and cancer              |
|      | 02/06  |  |                                  |
| 6    | 02/09- | Environmental exposures                            | Cell phone use and risk of brain |
|      | 02/13  |  | cancers                          |
| 7    | 02/16- | Radiation and occupational exposures               | Home radon exposure and lung     |
|      | 02/20  |  | cancer risk                      |
| 8    | 02/23- | Smoking and cancer risk                            | Effective smoking cessation      |
|      | 03/27  |  | approaches                       |
| 9    | 03/09- | Effects of diet/obesity/exercise on cancer risk    | Trends in obesity                |
|      | 03/13  |  |                                  |
| 10   | 03/16- | Hormones and carcinogenesis                        | HRT and breast cancer            |
|      | 03/20  |  |                                  |
| 11   | 03/23- | Behavioral change in cancer prevention             | Increasing physical activity     |
|      | 03/27  |  | levels through infrastructure    |
| 12   | 03/30- | Health disparities and cancer                      | Increased burden of cancers in   |
|      | 04/03  |  | African Americans                |
| 13   | 04/06- | Cancer treatment successes and risk of 2nd cancers | Risk of secondary cancers after  |
|      | 04/10  |  | childhood cancers                |
| 14   | 04/13- | CAM in cancer prevention and treatment             | Alternative methods for          |
|      | 04/17  |  | preventing and treating cancer   |
| 15   | 04/20- | Future trends in cancer prevention                 | The 2020 targets in cancer       |
|      | 04/22  |  | prevention                       |
|      |        | EXAM   |                                  |

#### **Punctuality And Class Etiquette**

The class will begin at promptly at the time listed. Please be on time and in place. Please do not forget to shut cell phones off.

# Statement of University's Honesty Policy (cheating and use of copyrighted materials)

**Academic Integrity** – Students are expected to act in accordance with the University of Florida policy on academic integrity (see Student Conduct Code, the Graduate Student Handbook or this web site for more details: <a href="www.dso.ufl.edu/judicial/procedures/academicguide.php">www.dso.ufl.edu/judicial/procedures/academicguide.php</a>).

Cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior. We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.

#### Policy Related to Class Attendance and Make-up Work

This is an interactive class and students are expected to be present and to participate in all class sessions. Students who know they will need to miss a class session should discuss this with the instructor prior to the date of the class. Students with unexpected absences should discuss needed make-up work with the instructor as soon as they can. Students with an unexcused absence will have a 5% reduction in their final grade. Students who miss more than one class without explanation will not be re-admitted to the class.

# Statement Related to Accommodations for Students with Disabilities

#### **Accommodations for Students with Disabilities**

If you require classroom accommodation because of a disability, you must first register with the Dean of Students Office (<a href="http://www.dso.ufl.edu/">http://www.dso.ufl.edu/</a>). The Dean of Students Office will provide documentation to you, which you then give to the instructor when requesting accommodation. The College is committed to providing reasonable accommodations to assist students in their coursework.

#### **Counseling and Student Health**

Students may occasionally have personal issues that arise in the course of pursuing higher education or that may interfere with their academic performance. If you find yourself facing problems affecting your coursework, you are encouraged to talk with an instructor and to seek confidential assistance at the UF Counseling & Wellness Center, 352-392-1575. Visit their web site for more information: <a href="http://www.counseling.ufl.edu/">http://www.counseling.ufl.edu/</a>.

The Student Health Care Center at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services, including primary care, women's health care, immunizations, mental health care, and pharmacy services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the web site at: <a href="https://www.health.ufl.edu/shcc">www.health.ufl.edu/shcc</a>

Crisis intervention is always available 24/7 from: Alachua County Crisis Center: (352) 264-6789. From the Crisis Center: "Do not wait until you reach a crisis to come in and talk with us. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance."