

CURRICULUM VITAE

MICHAEL G. PERRI, PhD, ABPP

GENERAL INFORMATION

Address: College of Public Health and Health Professions
University of Florida
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EDUCATIONAL BACKGROUND

PhD Clinical Psychology, University of Missouri—Columbia, 1978
Internship Clinical Psychology, University of Minnesota, 1977-1978
MA Psychology, University of Missouri—Columbia, 1975
BS (honors) Psychology, Fordham University, 1973

ACADEMIC AND CLINICAL APPOINTMENTS (Current)

University of Florida

Dean, College of Public Health and Health Professions, 2009-present
Professor, Department of Clinical and Health Psychology, 1990-present
Psychologist, Shands Hospital at the University of Florida, 1990-present

ACADEMIC AND CLINICAL APPOINTMENTS (Previous)

University of Florida

Interim Dean, College of Public Health and Health Professions, 2007-2009
Associate Dean for Research, College of Public Health and Health Professions, 2004-2007
Director, Psychology Internship Program, 1992-2004
Area Head, Health Psychology Division, 1990-2004

Oxford University (U.K.), Harris-Manchester College

Visiting Professor, Clinical Psychology, summer 2000

Fairleigh Dickinson University

Professor and Deputy Chair, Department of Psychology, 1989-1990
Associate Professor, Department of Psychology, 1985-1989

Franklin Delano Roosevelt VA Hospital

Research Coordinator (part-time), 1985-1990

Indiana University School of Medicine and Indianapolis VA Medical Center (VAMC)

Associate Professor, Department of Psychiatry, 1985
Assistant Professor, Department of Psychiatry, 1980-1985
Chief Psychologist, Psychology Service, 1981-1985
Staff Psychologist, Psychology Service, 1980-1981

University of Rochester

Assistant Professor, Department of Psychology, 1978-1980

GRANTS AND CONTRACTS

Active:

Title: **Escalating Proportion of Weight-Loss Maintainers Via Modules Prior to Weight Loss**

Dates: 2015-2020

Sponsor: Stanford University R01HL128666 (61119479-117781 00119075)

Amount: \$799,530

Role: Co-Investigator (M. Kiernan, PI)

Title: **Fixed Versus Variable Energy Reduction during Behavioral Obesity Treatment**

Dates: 2015-2020

Sponsor: University of Alabama Birmingham (R01DK103869) (000507158-001 00125473)

Amount: \$602,170

Role: Co-Investigator (G. Dutton, PI)

Title: **Midwestern Collaborative for Treating Obesity in Rural Primary Care**

Dates: 2015-2019

Sponsor: PCORI (OB1402-09413)

Amount: \$7,786,940

Role: Co-Investigator (C. Befort, PI)

Title: **Rural Lifestyle Eating and Activity Program (Rural LEAP)**
Dates: 2013-2018
Sponsor: NIH/National Heart Lung and Blood Institute (R18 HL112720)
Award: \$3,724,808
Role: Principal Investigator

Title: **Group Phone-Based Weight Control among Rural Breast Cancer Survivors**
Dates: 2011-2016
Sponsor: NIH/National Cancer Institute (R01CA155014)
Amount: \$2,259,571
Role: Co-Investigator (C. Befort, PI)

Title: **Bayesian Approaches for Missingness and Causality in Cancer and Behavior Studies**
Dates: 2014-2018
Sponsor: NIH/National Cancer Institute (R01CA183854)
Amount: \$1,718,419
Role: Co-Investigator (M. Daniels, PI)

Grants Completed:

Title: **Claude D. Pepper Older American Independence Center (OAIC)**
Dates: 2012-2017
Sponsor: NIH/National Institute of Aging (P30 AG028740-01)
Amount: \$1,393,287
Role: Co-Investigator (M. Pahor, PI)

Title: **Two Dietary Approaches for Weight Management**
Dates: 2015
Sponsor: Baylor University/Weight Watchers Foundation
Award: \$28,961
Role: Principal Investigator

Title: **Rural Lifestyle Intervention Treatment Effectiveness Trial (Rural LITE)**
Dates: 2008-2014
Sponsor: NIH/National Heart, Lung, and Blood Institute (R18 HL 087800)
Award: \$3,614,359
Role: Principal Investigator

Title: **Extension Family Lifestyle Intervention Project (FLIP for Kids)**
Dates: 2009-2014
Sponsor: NIH/National Institute of Diabetes, Digestive, and Kidney Diseases
(R18 DK 082374)
Award: \$2,661,164
Role: Co-Principal Investigator (D. Janicke, PI)

Title: **Childhood Obesity Treatment: A Maintenance Approach**
Dates: 2009-2012
Sponsor: NIH/National Institute of Child Health and Human Development
(2R01HD036904-06)
Amount: \$7,458,402
Role: Co-Investigator (D. Wilfley, PI)

Title: **Promoting Healthy Weight with "Stability First"** (subcontract)
Dates: 2007-2011
Sponsor: NIH/National Cancer Institute (RO1 CA112594)
Award: \$1,555,371
Role: Co-Investigator (M. Kiernan, PI)

Title: **Smart Home-Based Health Platform for Behavioral Monitoring and
Alteration for Diabetic and Obese Individuals**
Dates: 2007-2011
Sponsor: NIH/National Institutes of Drug Abuse (R21 DA024294)
Award: \$1,169,043
Role: Co-Principal Investigator (A. Helal, PI)

Title: **Cooperative Lifestyle Intervention Program** (subcontract)
Dates: 2005-2010
Sponsor: NIH/National Heart Lung and Blood Institute (RO1 HL076441-01)
Award: \$5,444,614
Role: Co-Investigator (J. Rejeski, PI).

Title: **A Multi-Center, Randomized, Double Blind, Placebo Controlled Study
Comparing the Safety and Efficacy of Naltrexone Sustained Release
(SR)/Bupropion Sustained Release (SR) and Placebo in Subjects with
Obesity Participating in a Behavior Modification Program**
Dates: 2007-2009
Sponsor: Orexigen Therapeutics (NB-302)
Award: \$1,009,022
Role: Site Principal Investigator

Title: **Treatment of Obesity in Underserved Rural Settings – TOURS**
Dates: 2003-2008
Sponsor: NIH/National Heart, Lung, and Blood Institute (R01 HL073326)
Award: \$2,604,956
Role: Principal Investigator

Title: **Physical Exercise to Prevent Disability Pilot Study**
Dates: 2005-2008
Sponsor: NIH/National Institute of Aging (U01 AG022376-01)
Award: \$3,488,305
Role: Co-Investigator (M. Pahor, PI)

Title: **Sensible Treatment of Obesity in Rural Youth – STORY**
Dates: 2005-2008
Sponsor: NIH/National Institute of Diabetes, Digestive, and Kidney Diseases
(R34 DK071555-01)
Award: \$435,000
Role: Co-Principal Investigator (D. Janicke, PI)

Title: **Biological Effects of Weight Loss Plus Exercise in Older Obese African American Women**
Dates: 2006-2008
Sponsor: University of Florida Research Opportunity Fund
Award: \$81,876
Role: Principal Investigator

Title: **Biological Effects of Weight Loss Plus Exercise in Elders**
Dates: 2007-2009
Sponsor: University of Florida Institute on Aging
Award: \$150,000
Role: Principal Investigator

Title: **Clinical Centers for the Clinical Trial and Observational Study of the Women's Health Initiative**
Dates: 1994-2005
Sponsor: National Institutes of Health (NO1-WH-4-2129)
Award: \$10,008,238
Role: Co-Principal Investigator (M. Limacher, PI)

Title: **Enhanced Recruitment for the Clinical Trail of the Women's Health Initiative**

Dates: 1996-2005

Sponsor: National Institutes of Health (NO1-WH-4-2129)

Award: \$2,928,355

Role: Co-Principal Investigator (M. Limacher, PI)

Title: **Dose-Response to Exercise and Cardiovascular Health**

Dates: 1998-2003

Sponsor: National Heart, Lung, Blood Institute (R01 HL58873)

Award: \$2,205,220

Role: Principal Investigator

Title: **Cognitive Behavioral Therapy for Obesity and its Mental Health Co-Morbidities**

Dates: 2003-2004

Sponsor: National Institute of Mental Health
(F31 MH68137, NRSA mentored research award)

Award: \$35,000

Role: Principal Investigator (G. Ames, Mentee)

Title: **A Multi-Center, Double-Blind, Randomized, Placebo-Controlled, Study of Treatment of Binge Eating Disorder**

Dates: 1999-2002

Sponsor: Abbott (Knoll) Pharmaceutical Company

Award: \$132,620

Role: Site Principal Investigator

Title: **Exercise in Primary Care Settings: Increasing Physical Activity in Sedentary Adults of Low Socio-Economic Status**

Dates: 1998-1999

Sponsor: UF College of Health Professions Research Development Award

Award: \$10,000

Role: Principal Investigator

Title: **Aerobic Training and the Treatment of Obesity**

Dates: 1991-1993

Sponsor: University of Florida Research Development Award

Award: \$25,000

Role: Principal Investigator

Title: **Improving the Effectiveness of Behavioral Treatment for Moderate Obesity**

Dates: 1988-1993

Sponsor: Veterans Administration Merit Review Research Program

Award: \$101,500

Role: Principal Investigator

Title: **Long-term Behavioral Management of Obesity**

Dates: 1985-1988

Sponsor: Veterans Administration Merit Review Research Program

Award: \$65,000

Role: Principal Investigator

Title: **Maintenance Strategies for Behavioral Treatment of Obesity**

Dates: 1982-1985

Sponsor: Veterans Administration Merit Review Research Program

Award: \$35,000

Role: Principal Investigator

Title: **Evaluation of a Maintenance Program for Behavior Modification of Obesity**

Dates: 1981-1982

Sponsor: Veterans Administration Research Advisory Group

Award: \$14,000

Role: Principal Investigator

Title: **Behavioral Self-Control and Addictive Behaviors**

Dates: 1979-1980

Sponsor: Office of Naval Research (Grant No. N00014-75-C-0001)

Award: \$18,600

Role: Principal Investigator

PUBLICATIONS

Journal Articles:

1. Wilfley, D. E., Saelens, B. E., Stein, R. I., Best, J. R., Kolko, R. P., Schechtman, K. B., Wallendorf, M., Welch, R. R., Perri, M. G., & Epstein, L. H. (in press). Dose, content, and mediators of family-based treatment for childhood obesity: A multi-site randomized controlled trial. *JAMA Pediatrics*

2. Balantekin, K. N., Hayes, J. F., Sheinbein, D. H., Kolko, R. P., Stein, R. I., Saelens, B. E., Hurst, K. T., Welch, R. R., Perri, M. G., Schechtman, K. B., Epstein, L. H., & Wilfley, D. E. (in press). Patterns of eating disorder pathology are associated with weight change in family-based behavioral obesity treatment. *Obesity*.
3. Dutton, G., Govey, M. A., Tan, F., Zhou, D., Ard, J., Perri, M. G., Cora E Lewis, C. E. (in press). Comparison of an alternative schedule of extended care contacts to a self-directed control: A randomized trial of weight loss maintenance. *International Journal of Behavioral Nutrition and Physical Activity*.
4. Kass, A. E., Theim Hurst, K., Kolko, R. P., Ruzicka, E. B., Stein, R. I., Saelens, B. E., ... & Wilfley, D. E. (2017). Psychometric evaluation of the youth eating disorder examination questionnaire in children with overweight or obesity. *International Journal of Eating Disorders*. 2017 Feb 15. doi: 10.1002/eat.22693. [Epub ahead of print]
5. Hayes, J. F., Altman, M., Kolko, R. P., Balantekin, K. N., Cahill, Holland J., Stein, R. I.,... & Wilfley, D. E. (2016). Decreasing food fussiness in children with obesity leads to greater weight loss in family-based treatment. *Obesity*. 24(10), 2158-2163. doi: 10.1002/oby.21622. PMID: 27601189
6. Befort, C.A., Klemp, J.R., Sullivan, D.K., Shireman, T., Diaz, F., Schmitz, K.,... & Fabian, C. (2016). Weight loss maintenance strategies among rural breast cancer survivors: The Rural Women Connecting for Better Health Trial. *Obesity*. 24(10), 2070-2077. doi: 10.1002/oby.21625. PMID: 27581328
7. Ariel, A. H., Perri, M. G. (2016). Effect of dose of behavioral treatment for obesity on binge eating severity. *Eating Behaviors*, 22, 55-61. doi: 10.1016/j.eatbeh.2016.03.032. PMID: 27086049
8. Laitner, M. H., Minksi, S. A., & Perri, M. G. (2016). The role of self-monitoring in the maintenance of weight loss success. *Eating Behaviors*, 21, 193-197. doi: 10.1016/j.eatbeh.2016.03.005. PMC4933960
9. Befort, C. A., VanWormer, J. J., DeSouza, C., Ellerbeck, E. F., Kimminau, K. S., Greiner, A., . . . & Drincic, A. (2016). Protocol for Rural Engagement in Primary Care for Optimizing Weight Reduction (RE-POWER) Trial: Comparing three obesity treatment models in rural primary care. *Contemporary Clinical Trials*, 16(47), 304-314. doi: 10.1016/j.cct.2016.02.006. PMID: 26898748
10. Anton, S. D., Woods, A. J., Ashizawa, T., Barb, D., Buford, T. W., Carter, C. S., . . . & Pahor, M. (2015). Successful aging: Advancing the science of physical independence in

- older adults. *Ageing Research Reviews*, 24(Pt B), 304-327. doi: 10.1016/j.arr.2015.09.005. PMC4661112
11. Nackers, L. M., Dubyak, P. J., Lu, X., Anton, S. D., Dutton, G. R., & Perri, M. G. (2015). Group dynamics are associated with weight loss in the behavioral treatment of obesity. *Obesity*, 23(8), 1563-1569. doi: 10.1002/oby.21148. PMID: 261794661
 12. Liu, M., Daniels, M. J., Perri, M. G. (2015). Quantile regression in the presence of monotone missingness with sensitivity analysis. *Biostatistics*. 17(1), 108-21. doi: 10.1093/biostatistics/kxv023. PMC4679069
 13. Altman, M., Cahill Holland, J., Lundeen, D., Kolko, R. P., Stein, R. I., Saelens, B. E., . . . & Wilfley D. E. (2015). Reduction in food away from home is associated with improved child relative weight and body composition outcomes and this relation is mediated by changes in diet quality. *Journal of the Academy of Nutrition and Dietetics*. 115(9), 1400-1407. doi: 10.1016/j.jand.2015.03.009. PMC4555092
 14. Perri, M. G., Peoples-Sheps, M., Blue, A., Lednicky, J. A., & Prins, C. (2015). Public health education at the University of Florida: Synergism and educational innovation. *American Journal of Public Health* 105 (Suppl. 1), S83-587. doi: 10.2105/AJPH.2014.302414. PMC4340009
 15. MacLean, P. S., Wing, R. R., Davidson, T., Epstein, L., Goodpaster, B., Hall, K. D., . . . & Ryan, D. (2015). NIH working group report: Innovative research to improve maintenance of weight loss. *Obesity* 23(1), 7-15. doi: 10.1002/oby.20967. PMID: 25469998
 16. Perri, M. G., Limacher, M. C., von Castel-Roberts, K., Daniels, M. J., Durning, P. E., Janicke, D. M., . . . & Martin, A. D. (2014). Comparative effectiveness of three doses of weight-loss counseling: Two-year findings from the Rural LITE trial. *Obesity*, 22(11), 2293-2300..doi:10.1002/oby.20832. PMC4225635
 17. Dutton, G. R., Nackers, L. M., Dubyak, P. J., Rushing, N. C., Huynh, T. T., Tan, F., Anton, S. D., & Perri, M. G. (2014). A randomized trial comparing weight loss treatment delivered in large versus small groups. *International Journal of Behavioral Nutrition and Physical Activity*, 11, 123. doi:10.1186/s12966-014-0123-y. PMC41880323
 18. Dutton, G. R., Laitner, M. H., & Perri, M. G. (2014). Lifestyle interventions for cardiovascular disease risk reduction: A systematic review of the effects of diet composition, food provision, and treatment modality on weight loss. *Current Atherosclerosis Reports*, 16(10), 442. doi: 10.1007/s11883-014-0442-0. PMC4157951

19. Peterson, N. D., Middleton, K. R., Nackers, L. M., Medina, K. E., Milsom, V. A., & Perri, M. G. (2014). Dietary self-monitoring and long-term success with weight management. *Obesity, 22*(9), 1962-1967. doi: 10.1002/oby.20807. PMC4149603
20. Befort, C. A., Klemp, J. R., Fabian, C., Perri, M. G., Sullivan, D. K., Schmitz, K. H., Diaz, F. J., & Shireman, T. (2014). Protocol and recruitment results from a randomized controlled trial comparing group phone-based versus newsletter interventions for weight loss maintenance among rural breast cancer survivors. *Contemporary Clinical Trials, 37*(2), 261-271. doi: 10.1016/j.cct.2014.01.010. PMC4149603
21. Holland, J. C., Kolko, R. P., Stein, R. I., Welch, R. R., Perri, M. G., Schechtman, K. B., . . . & Wilfley, D. E. (2014). Modifications in parent feeding practices and child diet during family-based behavioral treatment to improve child zBMI. *Obesity, 22*(5), E119-126. doi: 10.1002/oby.20708. PMC4111631
22. Middleton, K. R., & Perri, M. G. (2014). A randomized trial investigating the effect of a brief lifestyle intervention on freshman year weight gain. *Journal of American College Health, 62*(2), 101-109. doi: 10.1080/07448481.2013.849259. PMID: 24456512
23. Perri, M. G. (2014). Effects of behavioral treatment on long-term weight loss: Lessons learned from the Look AHEAD trial. *Obesity, 22*(1), 3-4. doi: 10.1002/oby.20672. PMID: 24415676 [PMCID in progress].
24. Manini, T. M., Buford, T. W., Lott, D. J., Vandenborne, K., Daniels, M. J., Knaggs, J. D., . . . & Anton, S. D. (2014). Effect of dietary restriction and exercise on lower extremity tissue compartments in obese, older women: A pilot study. *Journal of Gerontology: Medical Sciences, 69*(1), 101-108. doi: 10.1093/gerona/gls337 PMC4158399
25. Melvin, C. L., Corbie-Smith, G., Kumanyika, S., Pratt, C. A., Nelson, C., Walker E. R., . . . & Ricketts, T. C. (2013). Developing a research agenda for cardiovascular disease prevention in high-risk rural communities. *American Journal of Public Health, 103*(6), 1011-1021. doi: 10.2105/AJPH.2012.300984. PMC3698719
26. Middleton, K. R., Anton, S. D., & Perri, M. G. (2013). Long-term adherence to health behavior change. *American Journal of Lifestyle Medicine 7*(6), 395-405. doi: 10.1177/1559827613488867.
27. Kiernan, M., Schoffman, D. E., Lee, K., Brown, S. D., Fair, J. M., Perri, M. G., & Haskell, W. L. (2013). The Stanford Leisure-Time Activity Categorical Item (L-Cat): A single categorical item sensitive to physical activity changes in overweight/obese women. *International Journal of Obesity, 37*(12), 1597-1602. doi: 10.1038/ijo.2013.36. PMC4731089

28. Rossen, L. M., Milsom, V. A., Middleton, K. R., Daniels, M. J., & Perri, M. G. (2013). Benefits and risks of weight-loss treatment for older, obese women. *Clinical Interventions in Aging, 8*, 157-166. doi: 10.2147/CIA.S38155. PMC3573815
29. Nackers, L. M., Middleton, K. R., Dubyak, P. J., Daniels, M. J., Anton, S. D., & Perri, M. G. (2013). Effects of prescribing 1,000 versus 1,500 kilocalories per day in the behavioral treatment of obesity: A randomized trial. *Obesity, 21*(12), 2481-2487. doi: 10.1002/oby.20439. PMID 23512956 [PMCID in process]
30. Kiernan, M., Brown, S. D., Schoffman, D. E., Lee, K., King, A. C., Taylor, C. B., Schleicher, N. C., & Perri, M. G. (2013). Promoting healthy weight with "Stability Skills First": A randomized trial. *Journal of Consulting and Clinical Psychology, 81*(2), 336-346. doi: 10.1037/a0030544. PMC4428307
31. Daniels, M. J., Roy, J. A., Kim, C., Hogan, J. W., & Perri, M. G. (2012). Bayesian inference for the causal effect of mediation. *Biometrics, 68*(4), 1028-1036. doi: 10.1111/j.1541-0420.2012.01781.x. PMC3927554
32. Befort, C. A., Nazir, N., & Perri, M. G. (2012). Prevalence of obesity among adults from rural and urban areas of the United States: Findings from NHANES (2005-2008). *The Journal of Rural Health, 28*(4), 392-397. doi: 10.1111/j.1748-0361.2012.00411.x. PMC3481194
33. Best, J. R., Theim, K. R., Gredysa, D. M., Stein, R. I., Welch, R. R., Saelens, B. E., . . . & Wilfley, D. E. (2012). Behavioral economic predictors of overweight children's weight loss. *Journal of Consulting and Clinical Psychology, 80*(6), 1086-1096. doi: 10.1037/a0029827.PMC3514606
34. Radcliff, T. A., Bobroff, L. B., Lutes, L. D., Durning, P. E., Daniels, M. J., Limacher, M. C., . . . & Perri, M. G. (2012). Comparing costs of telephone vs face-to-face extended-care programs for the management of obesity in rural settings. *Journal of the Academy of Nutrition and Dietetics, 112*(9), 1363-1373. doi:10.1016/j.jand.2012.05.002. PMC3432696
35. Befort, C. A., Klemp, J. R., Austin, H. L., Perri, M. G., Schmitz, K. H., Sullivan, D. K., & Fabian, C. J. (2012). Outcomes of a weight loss intervention among rural breast cancer survivors. *Breast Cancer Research and Treatment, 132*(2), 631-639. doi: 10.1007/s10549-011-1922-3. PMC3314288
36. Kiernan, M., Moore, S. D., Schoffman, D. E., Lee, K., King, A. C., Taylor, C. B., . . . & Perri, M. G. (2012). Social support for healthy behaviors: Scale psychometrics and prediction of weight loss among women in a behavioral program. *Obesity, 20*(4), 756-764. doi: 10.1038./oby.2011.293. PMC4718570

37. Middleton, K. M., Patidar, S. M., & Perri, M. G. (2012). The impact of extended care on the long-term maintenance of weight loss: A systematic review and meta-analysis. *Obesity Reviews*, 13, 509-517. doi: 10.1111/j.1467-789X.00972.X. PMID: 22212682
38. Milsom, V. A., Middleton, K. M., & Perri, M. G. (2011). Successful long-term weight loss maintenance in a rural population. *Clinical Interventions in Aging*, 6, 303-309. doi: 10.2147/CIA.S25389. PMC3230584
39. Nocera, J., Buford, T. W., Manini, T. M., Naugle, K., Leeuwenburgh, C., Pahor, M., Perri M. G., & Anton S. D. (2011). The impact of behavioral intervention on obesity mediated declines in mobility function: Implications for longevity. *Journal of Aging Research*, 2011, 392510. doi: 10.4061/2011/392510. PMC195552
40. Rejeski, W. J., Brubaker, P. H., Goff, Jr., D. C., Bearon, L. B., McClelland, J. W., Perri, M. G., & Ambrosius, W. T. (2011). Translating weight loss and physical activity programs into the community to preserve mobility in older, obese adults in poor cardiovascular health. *Archives of Internal Medicine*, 171(10), 880-886. doi: 10.1001/archinternmed.2010.522. PMC4425192
41. Wohlgemuth, S. E., Lees, H. A., Marzetti, E., Manini, T. M., Aranda, J. M., Daniels, M. J., . . . & Anton, S. D. (2011). An exploratory analysis of the effects of a weight loss plus exercise program on cellular quality control mechanisms in older overweight women. *Rejuvenation Research*, 14(3), 315-324. doi: 10.1089/rej.2010.1132. PMC3136739
42. Anton, S. D., Manini, T. M., Milsom, V. A., Dubyak, P., Cesari, M., Cheng, J., . . . & Perri, M. G. (2011). Effects of a weight loss plus exercise program on physical functioning in overweight, older women: A randomized controlled trial. *Clinical Interventions in Aging*, 6, 141-149. doi: 10.2147/CIA.S17001. PMC3131984
43. Rickel, K. A., Milsom, V. A., Ross, K. M., Hoover, V. J., Peterson, N. D., & Perri, M. G. (2011). Differential response of African-American and Caucasian women to extended-care programs for obesity management. *Ethnicity and Disease*, 21(2), 170-175. PMC3772655
44. Anton, S. D., Duncan, G. E., Limacher, M. C., Martin, A. D., & Perri, M. G. (2011). How much walking is needed to improve cardiorespiratory fitness? An examination of the 2008 Physical Activity Guidelines for Americans. *Research Quarterly for Exercise and Sport*, 82(2), 365-370. PMC4126169
45. Wadden, T. A., Foreyt, J. P., Foster, G. D., Hill, J. O., Klein, S., O'Neil, P. M., . . . Dunayevich, E. (2011). Weight loss with naltrexone SR/bupropion SR combination

- therapy as an adjunct to behavior modification: The COR-BMOD Trial. *Obesity*, 19(1), 110-120. doi: 10.1038/oby.2010.147. PMC4459776
46. LaCroix, A. Z., Chlebowski, R. T., Manson, J. E., Aragaki, A. K., Johnson, K. C., Martin, L., . . . & Women's Health Initiative (WHI) Investigators (2011). Health outcomes after stopping conjugated equine estrogens among postmenopausal women with prior hysterectomy: A randomized controlled trial. *JAMA*, 305(13), 1305-1314. doi: 10.1001/jama2011.382. PMC3656722
 47. Janicke, D. M., Lim, C. S., Perri, M. G., Bobroff, L. B., Mathews, A. E., Brumback, B. A., Dumont-Driscoll, M., & Silverstein, J. H. (2011). The Extension Family Lifestyle Intervention Project (E-Flip for Kids): Design and methods. *Contemporary Clinical Trials*, 32(1), 50-58. doi: 10.1016/j.cct2010.08.002. PMC3006088
 48. Wylie-Rosett, J., Aragaki, A. K., Cochrane, B., Perri, M. G., Rosal, M. C., & Rapp, S. R. (2010). Cynicism: Incident diabetes and worsening of metabolic syndrome in postmenopausal women. *Diabetes & Metabolic Syndrome: Clinical Research and Reviews*, 4(4), 187-189. PMC4317350
 49. Chlebowski, R. T., Anderson, G. L., Gass, M., Lane, D. S., Aragaki, A. K., Kuller, L. H., . . . & WHI Investigators (2010). Estrogen plus progestin and breast cancer incidence and mortality in postmenopausal women. *JAMA*, 304(15), 1684-1692. PMID: 20959578
 50. Befort, C. A., Donnelly, J. E., Sullivan, D. K., Ellerbeck, E. F., & Perri, M. G. (2010). Group versus individual phone-based obesity treatment for rural women. *Eating Behaviors*, 11(1), 11-17. doi: 10.1016/j.eatbeh.2009.08.002. PMC2823259
 51. Dutton, G. R., Tan, F., Perri, M. G., Stine, C. C., Dancer-Brown, M., Goble, M., & Van Vessem, N. (2010). What words should we use when discussing excess weight? *Journal of the American Board of Family Medicine*, 23(5), 606-613. doi: 10.3122/jabfm.2010.05.100024. PMID: 20823355
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Books (authored):

149. Richards, S., & Perri, M. G. (2002). *Depression: A primer for practitioners*. Thousand Oaks, CA: Sage Publications.
150. Perri, M. G., Nezu, A. M., & Viegner, B. J. (1992). *Improving the long-term management of obesity: Theory, research, and clinical guidelines*. New York: John Wiley & Sons.
151. Nezu, A. M., Nezu, C. M., & Perri, M. G. (1989). *Problem solving therapy for depression: Theory, research, and clinical guidelines*. New York: John Wiley & Sons.

Book (edited):

152. Richards, S., & Perri, M. G. (2010). *Relapse prevention for depression*. Washington, DC: American Psychological Association Publications.

Book chapters and monographs:

153. Perri, M. G., Laitner, M. H., & Ariel, A. H. (in press). Obesity. In C. S. Richards & L. M. Cohen (Eds.), *The Wiley Encyclopedia of Health Psychology, Volume III, Clinical Health Psychology and Behavioral Medicine*. Oxford, U.K.: John Wiley and Sons.
154. Perri, M. G., & Ariel, A. H. (in press). Maintenance of weight lost in behavioral treatment of obesity. In T. A. Wadden & G. A. Bray (Eds.), *Handbook of obesity treatment*. New York: Guilford Press.
155. Dutton, G. & Perri, M. G. (2016). Delivery, evaluation, and future directions for cognitive-behavioral treatments of obesity. In A. M. Nezu & C. M. Nezu (Eds.), *The Oxford handbook of cognitive and behavioral therapies*. New York: Oxford University Press.
156. Corsica, J. A., & Perri, M. G. (2012). Understanding and managing obesity. In A. M. Nezu, C. M. Nezu, & P. Geller (Eds.), *Comprehensive handbook of psychology: Health psychology*. New York: John Wiley & Sons.

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158. Ross, K. M., & Perri, M. G. (2012). Adherence. In J. M. Rippe (Ed.) *Encyclopedia of lifestyle medicine and health*. Thousand Oaks, CA: Sage Publications.
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182. Krouse, J. H., & Perri, M. G., (1981). Assessing academic competence in adults: A review of dependent measures used in study improvement programs. *JSAS Catalog of Selected Documents in Psychology*, 11, 61. (Ms. No. 2316)
183. Perri, M. G., Richards, C. S., & Goodrich, J. (1978). The Heterosocial Adequacy Test (HAT): A role-playing test for the assessment of heterosocial skills in male college students. *JSAS Catalog of Selected Documents in Psychology*, 8, 16. (Ms. No. 1650)
184. Perri, M. G. (1977). Behavior modification of heterosocial difficulties: A review of conceptual, treatment, and assessment considerations. *JSAS Catalog of Selected Documents in Psychology*, 7, 75. (Ms. No. 1530)

SCIENTIFIC AND PROFESSIONAL PRESENTATIONS

More than 200 oral and poster presentations at national and international meetings.

DOCTORAL STUDENTS (Dissertation Chair or Co-Chair)

Vivian Bauman, in progress

Aviva Ariel, in progress

Eliza Warren, in progress

Melissa Laitner, 2017
Samantha Minski, 2016
Kristen Newell Medina, 2016
Danielle Lespinasse, 2015
Stacey Maurer, 2015
Valerie Hoover, 2014
Kathryn Ross, 2013
Rachel André, 2012
Lisa Nackers, 2012
Ninoska DeBraganza, 2010
Vanessa Milsom, 2010
Katie Rickel, 2008
Mary Murawski, 2007
Gretchen Ames, 2005
Nicole Berlant, 2004
Stephen Anton, 2003
William Kanasky, 2003, Co-Chair
Robert Newton, 2002

Patricia Durning, 2001, Co-Chair
Tricia Park, 1998, Co-Chair
Elizabeth Leermakers, 1995
Pamela Fuller, 1994
Donna Wollerman-Ronan, 1992
Patricia Arean, 1991
Barbara Viegner, 1991
Wendy McKelvey, 1990
David Renjilian, 1990
Eugene Patti, 1990
Diane Napolitano, 1990
Bonnie Weisener, 1989
Karen McCann, 1988
Sara Green Schmidt, 1988
John Krouse, 1980
William Plaxco, 1980
Peter Stalonas, 1980, Co-Chair

COURSES TAUGHT

Health Promotion
Health Psychology/Behavioral Medicine
Clinical Health Psychology Practicum
Addictive Behaviors
Behavior Therapy
Theories and Methods of Psychotherapy
Personality and Behavior Change
Theories of Personality
Abnormal Psychology
General/Experimental Psychology

PROFESSIONAL SERVICE

Editorial and Review Activities:

Associate Editor, 2010-2012, *Journal of Consulting and Clinical Psychology*
Consulting Editor, 2000-2017, *Eating Behaviors*
Consulting Editor, 2005-2008, *ACSM's Fitness and Health Journal*

Associate Editor, 1996-1998, *The Behavior Therapist*
Consulting Editor, 1992-1993, *Health Psychology*
Consulting Editor, 1991-1993, *Annals of Behavioral Medicine*
Associate Editor, 1987-1994, *Psychology of Addictive Behaviors*
Consulting Editor, 1986-1989, *Journal of Consulting and Clinical Psychology*

Ad hoc reviewer:

Addictive Behaviors
American Psychologist
American Journal of Clinical Nutrition
American Journal of Epidemiology
American Journal of Preventive Medicine
Annals of Behavioral Medicine
Appetite
Archives of Internal Medicine
Behavioral Assessment
Behavior Modification
Behavior Therapy
Clinical Psychology Review
Cognitive Therapy and Research
Health Psychology
International Journal of Behavioral Medicine
International Journal of Obesity
JAMA
Journal of Community Psychology
Journal of Consulting and Clinical Psychology
Journal of Counseling Psychology
Journal of Personality Assessment
Medicine and Science in Sports and Exercise
New England Journal of Medicine
Obesity
Obesity Research
Pediatrics
Psychosomatic Medicine
Psychosomatics
Preventive Medicine
Psychological Bulletin
The Behavior Therapist
Southern Medical Journal

Member, 2015-2016, Institute of Medicine's Committee on Evaluating Approaches to Assessing Prevalence and Trends in Obesity

Consultant, 2014, HHS, Office of Disease Prevention and Health Promotion, 2015 Dietary Guidelines Advisory Committee.

Member, 2014, NIH Working Group on Innovations in Research to Improve Weight Loss Maintenance

Chair, 2010-2014, NIH/NHLBI Data and Safety Monitoring Board for the "EARLY Weight Loss Trials."

Member, 2002-2011, NIH/NIDDK Data and Safety Monitoring Board for the "Look AHEAD" trial of weight loss in patients with type 2 diabetes.

Member, 2004-2007, NIH/NHLBI Data and Safety Monitoring Board for the "POUNDS LOST" Trial.

Member, 2003-2007, NIH/NHLBI Data and Safety Monitoring Board for the "Weight Loss Maintenance Trial."

Member, 2001, NIH/NIDDK Protocol Review Committee for the "Look AHEAD" trial of weight loss in patients with type 2 diabetes.

Member, 2000-2008, External Advisory Board, Minnesota Obesity Center

Ad-hoc Member, 1993-2011, various NIH Special Emphasis Review Sections

External Reviewer: Tenure and Promotion Reviews for Other Institutions

University of Connecticut, 2017

University of Tennessee, 2016

George Washington University, 2016

Louisiana State University, 2016

University of Connecticut, 2016

University of Minnesota, 2016

Brown University, 2014, 2015

University of Colorado Denver, 2013

University of Kansas, 2012

Temple University, 2011
University of Massachusetts Boston, 2011
University of Connecticut, 2010
Louisiana State University, 2010
Brown University, 2000, 2009
University of Washington—Seattle, 1999, 1998, 2007
University of Texas Medical Branch, 2007
Texas Tech University, 2010, 2004, 1997
Mayo Medical School, 2004, 1998
University at Albany, 2003
University of Missouri-Kansas City, 2001
Northwestern University, 2000
Baylor College of Medicine, 1999, 1998
Medical College of Pennsylvania-Hahnemann University, 1995, 1998
Uniformed Services University of the Health Sciences, 1998
Syracuse University, 1995, 1996

Consulting Reviewer, 1994, National Academy of Science, Institute of Medicine, Committee to Develop Criteria for Evaluating the Outcomes of Approaches to Prevent and Treat Obesity

Scientific Consultant, 1991, Federal Trade Commissions' investigation of commercial weight-loss programs

Consulting Reviewer, 1990, *Surgeon General's Report*

PROFESSIONAL MEMBERSHIPS AND ACTIVITIES

Member, 1978 to present, American Psychological Association (APA)

Member, Society of Clinical Psychology (Div. 12)

Member, Division of Health Psychology (Div. 38)

Chair (1995-1996), Convention Program Committee (APA Div. 12)

Member, 1995, Site Visit Accreditation Team

Member, 1994-1995, Convention Program Committee (APA Div.12)

Member, 1994-1995, Convention Program Committee (APA Div. 38)

Member, 1978 -2005, Association for Advancement of Behavior Therapy (AABT)

Assistant Program Chair, 1999-2000, 2000 AABT Convention

Member, 1994-1996, Committee on Academic Training of AABT

Member, 1994-1995, Program Committee for 1995 AABT Convention

Member, 1992-1993, Program Committee for 1993 AABT Convention

Member, 1981 to present, Society of Behavioral Medicine (SBM)

Member, 2001 SBM Convention Program Committee

Member, 1997 SBM Convention Program Committee

Member, 1995 SBM Convention Program Committee

Member, 1993 SBM Convention Program Committee

Fellow / Member, 1990 to present, The Obesity Society (formerly the North American Association for the Study of Obesity)

Member, 2007 to present, American Public Health Association

Member, 2007 to present, Association of Schools and Programs of Public Health

Member, Research Committee

Licensed Psychologist, State of Florida, PY 4419, 1990 to present

AWARDS AND HONORS

Recipient, Distinguished Research Mentor Award, Society of Behavioral Medicine, 2013.

Recipient, Leadership Award, University of Florida Campaign for Charities, 2012.

Named "Robert G. Frank Endowed Professor of Clinical and Health Psychology," 2010.

Elected Member, Delta Omega Public Health Society, Beta Upsilon Chapter, 2010.

Recipient, Alachua County Florida Proclamation declaring March 23, 2010 as "Dr. Michael Perri and Team Haitian Relief Efforts Day."

Recipient, College of Public Health and Health Professions Leadership Award, 2009.

Recipient, Samuel M. Turner Award for Distinguished Contributions in Applied Clinical Research, Society of Clinical Psychology, American Psychological Association, 2008.
Distinguished Visiting Scholar, University of Kansas Medical Center, 2006.

Elected Fellow, Society of Clinical Psychology (Division 12) American Psychological Association, 2005.

Distinguished Visiting Scientist, Graduate Psychology Education Program, Texas Tech University, 2005.

Recipient, Distinguished Psychologist Award, Florida Psychological Association, North Central Florida Chapter, 2002.

Appointment, University of Florida Research Foundation Professorship, 2001-2004.

Diplomate in Clinical Psychology, American Board of Professional Psychology, 2001.
Recipient, AABT Certificate of Appreciation for distinguished service as co-chair of the 2000 convention

Elected Fellow, Society of Behavioral Medicine, 1999.

Expert Panel Member, American College of Sports Medicine Consensus Committee on Physical Activity and the Treatment of Obesity, 1998-1999.

Member, National Heart, Lung, and Blood Institute's Task Force on "Maintenance of Behavior Change in Cardiorespiratory Risk Reductions," 1998-1999.

Named Fellow, 1998, Obesity Society (formerly the North American Association for the Study of Obesity).

Recipient, APA Division 12 Certificate of Appreciation for “distinguished service as Chair of the Program Committee 1996”

Elected Charter Fellow, Division on Addictions, American Psychological Association, 1995.
Recipient, Audrey Schumacher Faculty Award for Outstanding Achievement in Clinical and Health Psychology, University of Florida, 1994.

Recipient, Faculty Research Award, University of Florida College of Health-Related Professions, 1993.

Elected Fellow, Division of Health Psychology, American Psychological Association, 1991.

Recipient, Superior Performance Award, FDR VA Hospital, Montrose, NY, 1990.

Recipient, Community Service Award, Indianapolis United Way/Combined Federal Campaign, 1985.

Recipient, Superior Performance Award, Richard L. Roudebush VA Medical Center, Indianapolis, IN, 1985.

Recipient, Middlebush Graduate Fellowship, University of Missouri—Columbia, 1976-1977.

Recipient, US Public Health Service Fellowship, University of Missouri – Columbia. 1973-1975.

Recipient, Bronx Rotary Club Scholarship, Fordham University, 1972-1973.

Recipient, New York State Regents Scholarship, Fordham University, 1970-1973.