

CURRICULUM VITAE

MICHAEL G. PERRI, PhD, ABPP

GENERAL INFORMATION

Address: College of Public Health and Health Professions
University of Florida
1225 Center Drive
HPNP Suite 4101
Gainesville, FL 32611

Phone: (352) 273-6214
Fax: (325) 273-6199
Email: mperri@phhp.ufl.edu

EDUCATIONAL BACKGROUND

PhD Clinical Psychology, University of Missouri—Columbia, 1978
Internship Clinical Psychology, University of Minnesota, 1977-1978
MA Psychology, University of Missouri—Columbia, 1975
BS (honors) Psychology, Fordham University, 1973

ACADEMIC AND CLINICAL APPOINTMENTS (Current)

University of Florida

Dean, College of Public Health and Health Professions, 2009-present
Professor, Department of Clinical and Health Psychology, 1990-present
Psychologist, Shands Hospital at the University of Florida, 1990-present

ACADEMIC AND CLINICAL APPOINTMENTS (Previous)

University of Florida

Interim Dean, College of Public Health and Health Professions, 2007-2009
Associate Dean for Research, College of Public Health and Health Professions, 2004-2007
Director, Psychology Internship Program, 1992-2004
Area Head, Health Psychology Division, 1990-2004

Oxford University (U.K.), Harris-Manchester College

Visiting Professor, Clinical Psychology, summer 2000

Fairleigh Dickinson University

Professor and Deputy Chair, Department of Psychology, 1989-1990
Associate Professor, Department of Psychology, 1985-1989

Franklin Delano Roosevelt VA Hospital

Research Coordinator (part-time), 1985-1990

Indiana University School of Medicine and Indianapolis VA Medical Center (VAMC)

Associate Professor, Department of Psychiatry, 1985
Assistant Professor, Department of Psychiatry, 1980-1985
Chief Psychologist, Psychology Service, 1981-1985
Staff Psychologist, Psychology Service, 1980-1981

University of Rochester

Assistant Professor, Department of Psychology, 1978-1980

GRANTS AND CONTRACTS

Active:

Title: **Escalating Proportion of Weight-Loss Maintainers Via Modules Prior to Weight Loss**

Dates: 2015-2020

Sponsor: Stanford University R01HL128666 (61119479-117781 00119075)

Amount: \$799,530

Role: Co-Investigator (M. Kiernan, PI)

Title: **Fixed Versus Variable Energy Reduction during Behavioral Obesity Treatment**

Dates: 2015-2020

Sponsor: University of Alabama Birmingham (R01DK103869) (000507158-001 00125473)

Amount: \$602,170

Role: Co-Investigator (G. Dutton, PI)

Title: **Midwestern Collaborative for Treating Obesity in Rural Primary Care**

Dates: 2015-2019

Sponsor: PCORI (OB1402-09413)

Amount: \$7,786,940

Role: Co-Investigator (C. Befort, PI)

Title: **Rural Lifestyle Eating and Activity Program (Rural LEAP)**
Dates: 2013-2018
Sponsor: NIH/National Heart Lung and Blood Institute (R18 HL112720)
Award: \$3,724,808
Role: Principal Investigator

Title: **Claude D. Pepper Older American Independence Center (OAIC)**
Dates: 2012-2017
Sponsor: NIH/National Institute of Aging (P30 AG028740-01)
Amount: \$1,393,287
Role: Co-Investigator (M. Pahor, PI)

Title: **Group Phone-Based Weight Control among Rural Breast Cancer Survivors**
Dates: 2011-2016
Sponsor: NIH/National Cancer Institute (R01CA155014)
Amount: \$2,259,571
Role: Co-Investigator (C. Befort, PI)

Title: **Bayesian Approaches for Missingness and Causality in Cancer and Behavior Studies**
Dates: 2014-2018
Sponsor: NIH/National Cancer Institute (R01CA183854)
Amount: \$1,718,419
Role: Co-Investigator (M. Daniels, PI)

Grants Completed:

Title: **Two Dietary Approaches for Weight Management**
Dates: 2015
Sponsor: Baylor University/Weight Watchers Foundation
Award: \$28,961
Role: Principal Investigator

Title: **Rural Lifestyle Intervention Treatment Effectiveness Trial (Rural LITE)**
Dates: 2008-2014
Sponsor: NIH/National Heart, Lung, and Blood Institute (R18 HL 087800)
Award: \$3,614,359
Role: Principal Investigator

Title: **Extension Family Lifestyle Intervention Project (FLIP for Kids)**
Dates: 2009-2014
Sponsor: NIH/National Institute of Diabetes, Digestive, and Kidney Diseases
(R18 DK 082374)
Award: \$2,661,164
Role: Co-Principal Investigator (D. Janicke, PI)

Title: **Childhood Obesity Treatment: A Maintenance Approach**
Dates: 2009-2012
Sponsor: NIH/National Institute of Child Health and Human Development
(2R01HD036904-06)
Amount: \$7,458,402
Role: Co-Investigator (D. Wilfley, PI)

Title: **Promoting Healthy Weight with "Stability First"** (subcontract)
Dates: 2007-2011
Sponsor: NIH/National Cancer Institute (RO1 CA112594)
Award: \$1,555,371
Role: Co-Investigator (M. Kiernan, PI)

Title: **Smart Home-Based Health Platform for Behavioral Monitoring and
Alteration for Diabetic and Obese Individuals**
Dates: 2007-2011
Sponsor: NIH/National Institutes of Drug Abuse (R21 DA024294)
Award: \$1,169,043
Role: Co-Principal Investigator (A. Helal, PI)

Title: **Cooperative Lifestyle Intervention Program** (subcontract)
Dates: 2005-2010
Sponsor: NIH/National Heart Lung and Blood Institute (RO1 HL076441-01)
Award: \$5,444,614
Role: Co-Investigator (J. Rejeski, PI).

Title: **A Multi-Center, Randomized, Double Blind, Placebo Controlled Study
Comparing the Safety and Efficacy of Naltrexone Sustained Release
(SR)/Bupropion Sustained Release (SR) and Placebo in Subjects with
Obesity Participating in a Behavior Modification Program**
Dates: 2007-2009
Sponsor: Orexigen Therapeutics (NB-302)
Award: \$1,009,022
Role: Site Principal Investigator

Title: **Treatment of Obesity in Underserved Rural Settings – TOURS**
Dates: 2003-2008
Sponsor: NIH/National Heart, Lung, and Blood Institute (R01 HL073326)
Award: \$2,604,956
Role: Principal Investigator

Title: **Physical Exercise to Prevent Disability Pilot Study**
Dates: 2005-2008
Sponsor: NIH/National Institute of Aging (UO1 AG022376-01)
Award: \$3,488,305
Role: Co-Investigator (M. Pahor, PI)

Title: **Sensible Treatment of Obesity in Rural Youth – STORY**
Dates: 2005-2008
Sponsor: NIH/National Institute of Diabetes, Digestive, and Kidney Diseases
(R34 DK071555-01)
Award: \$435,000
Role: Co-Principal Investigator (D. Janicke, PI)

Title: **Biological Effects of Weight Loss Plus Exercise in Older Obese African American Women**
Dates: 2006-2008
Sponsor: University of Florida Research Opportunity Fund
Award: \$81,876
Role: Principal Investigator

Title: **Biological Effects of Weight Loss Plus Exercise in Elders**
Dates: 2007-2009
Sponsor: University of Florida Institute on Aging
Award: \$150,000
Role: Principal Investigator

Title: **Clinical Centers for the Clinical Trial and Observational Study of the Women's Health Initiative**
Dates: 1994-2005
Sponsor: National Institutes of Health (NO1-WH-4-2129)
Award: \$10,008,238
Role: Co-Principal Investigator (M. Limacher, PI)

Title: **Enhanced Recruitment for the Clinical Trail of the Women's Health Initiative**

Dates: 1996-2005

Sponsor: National Institutes of Health (NO1-WH-4-2129)

Award: \$2,928,355

Role: Co-Principal Investigator (M. Limacher, PI)

Title: **Dose-Response to Exercise and Cardiovascular Health**

Dates: 1998-2003

Sponsor: National Heart, Lung, Blood Institute (R01 HL58873)

Award: \$2,205,220

Role: Principal Investigator

Title: **Cognitive Behavioral Therapy for Obesity and its Mental Health Co-Morbidities**

Dates: 2003-2004

Sponsor: National Institute of Mental Health
(F31 MH68137, NRSA mentored research award)

Award: \$35,000

Role: Principal Investigator (G. Ames, Mentee)

Title: **A Multi-Center, Double-Blind, Randomized, Placebo-Controlled, Study of Treatment of Binge Eating Disorder**

Dates: 1999-2002

Sponsor: Abbott (Knoll) Pharmaceutical Company

Award: \$132,620

Role: Site Principal Investigator

Title: **Exercise in Primary Care Settings: Increasing Physical Activity in Sedentary Adults of Low Socio-Economic Status**

Dates: 1998-1999

Sponsor: UF College of Health Professions Research Development Award

Award: \$10,000

Role: Principal Investigator

Title: **Aerobic Training and the Treatment of Obesity**

Dates: 1991-1993

Sponsor: University of Florida Research Development Award

Award: \$25,000

Role: Principal Investigator

Title: **Improving the Effectiveness of Behavioral Treatment for Moderate Obesity**

Dates: 1988-1993

Sponsor: Veterans Administration Merit Review Research Program

Award: \$101,500

Role: Principal Investigator

Title: **Long-term Behavioral Management of Obesity**

Dates: 1985-1988

Sponsor: Veterans Administration Merit Review Research Program

Award: \$65,000

Role: Principal Investigator

Title: **Maintenance Strategies for Behavioral Treatment of Obesity**

Dates: 1982-1985

Sponsor: Veterans Administration Merit Review Research Program

Award: \$35,000

Role: Principal Investigator

Title: **Evaluation of a Maintenance Program for Behavior Modification of Obesity**

Dates: 1981-1982

Sponsor: Veterans Administration Research Advisory Group

Award: \$14,000

Role: Principal Investigator

Title: **Behavioral Self-Control and Addictive Behaviors**

Dates: 1979-1980

Sponsor: Office of Naval Research (Grant No. N00014-75-C-0001)

Award: \$18,600

Role: Principal Investigator

PUBLICATIONS

Journal Articles:

1. Hayes, J. F., Altman, M., Kolko, R. P., Balantekin, K. N., Cahill, Holland J., Stein, R. I.,... & Wilfley, D. E. (2016). Decreasing food fussiness in children with obesity leads to greater weight loss in family-based treatment. *Obesity*. [In press].

2. Befort, C.A., Klemp, J.R., Sullivan, D.K., Shireman, T., Diaz, F., Schmitz, K.,... & Fabian, C. (2016). Weight loss maintenance strategies among rural breast cancer survivors: The Rural Women Connecting for Better Health Trial. *Obesity*. [In press]
3. Ariel, A. H., Perri, M. G. (2016). Effect of dose of behavioral treatment for obesity on binge eating severity. *Eating Behaviors*, 22, 55-61. [Epub ahead of print.]. doi: 10.1016/j.eatbeh.2016.03.032. PMID: 27086049
4. Laitner, M. H., Minksi, S. A., & Perri, M. G. (2016). The role of self-monitoring in the maintenance of weight loss success. *Eating Behaviors*, 21, 193-197. doi: 10.1016/j.eatbeh.2016.03.005. PMID: 26974582
5. Befort, C. A., VanWormer, J. J., DeSouza, C., Ellerbeck, E. F., Kimminau, K. S., Greiner, A., . . . & Drincic, A. (2016). Protocol for Rural Engagement in Primary Care for Optimizing Weight Reduction (RE-POWER) Trial: Comparing three obesity treatment models in rural primary care. *Contemporary Clinical Trials*, 16(47), 304-314. doi: 10.1016/j.cct.2016.02.006. PMID: 26898748
6. Anton, S. D., Woods, A. J., Ashizawa, T., Barb, D., Buford, T. W., Carter, C. S., . . . & Pahor, M. (2015). Successful aging: Advancing the science of physical independence in older adults. *Ageing Research Reviews*, 24(Pt B), 304-327. doi: 10.1016/j.arr.2015.09.005. PMID: 26462882
7. Nackers, L. M., Dubyak, P. J., Lu, X., Anton, S. D., Dutton, G. R., & Perri, M. G. (2015). Group dynamics are associated with weight loss in the behavioral treatment of obesity. *Obesity*, 23(8), 1563-1569. doi: 10.1002/oby.21148. PMID: 261794661
8. Liu, M., Daniels, M. J., Perri, M. G. (2015). Quantile regression in the presence of monotone missingness with sensitivity analysis. *Biostatistics*. 17(1), 108-21. doi: 10.1093/biostatistics/kxv023. PMID: 26041008
9. Altman, M., Cahill Holland, J., Lundeen, D., Kolko, R. P., Stein, R. I., Saelens, B. E., . . . & Wilfley D. E. (2015). Reduction in food away from home is associated with improved child relative weight and body composition outcomes and this relation is mediated by changes in diet quality. *Journal of the Academy of Nutrition and Dietetics*. 115(9), 1400-1407. doi: 10.1016/j.jand.2015.03.009. PMID: 25963602
10. Perri, M. G., Peoples-Sheps, M., Blue, A., Lednicky, J. A., & Prins, C. (2015). Public health education at the University of Florida: Synergism and educational innovation. *American Journal of Public Health* 105 (Suppl. 1), S83-587. doi: 10.2105/AJPH.2014.302414. PMID: 25706027

11. MacLean, P. S., Wing, R. R., Davidson, T., Epstein, L., Goodpaster, B., Hall, K. D., . . . & Ryan, D. (2015). NIH working group report: Innovative research to improve maintenance of weight loss. *Obesity* 23(1), 7-15. doi: 10.1002/oby.20967. PMID: 25469998 [PMCID in progress]
12. Perri, M. G., Limacher, M. C., von Castel-Roberts, K., Daniels, M. J., Durning, P. E., Janicke, D. M., . . . & Martin, A. D. (2014). Comparative effectiveness of three doses of weight-loss counseling: Two-year findings from the Rural LITE trial. *Obesity*, 22(11), 2293-2300..doi:10.1002/oby.20832. PMC4225635
13. Dutton, G. R., Nackers, L. M., Dubyak, P. J., Rushing, N. C., Huynh, T. T., Tan, F., Anton, S. D., & Perri, M. G. (2014). A randomized trial comparing weight loss treatment delivered in large versus small groups. *International Journal of Behavioral Nutrition and Physical Activity*, 11, 123. doi:10.1186/s12966-014-0123-y. PMC41880323
14. Dutton, G. R., Laitner, M. H., & Perri, M. G. (2014). Lifestyle interventions for cardiovascular disease risk reduction: A systematic review of the effects of diet composition, food provision, and treatment modality on weight loss. *Current Atherosclerosis Reports*, 16(10), 442. doi: 10.1007/s11883-014-0442-0. PMC4157951
15. Peterson, N. D., Middleton, K. R., Nackers, L. M., Medina, K. E., Milsom, V. A, & Perri, M. G. (2014). Dietary self-monitoring and long-term success with weight management. *Obesity*, 22(9), 1962-1967. doi: 10.1002/oby.20807. PMC4149603
16. Befort, C. A., Klemp, J. R., Fabian, C., Perri, M. G., Sullivan, D. K., Schmitz, K. H., Diaz, F. J., & Shireman, T. (2014). Protocol and recruitment results from a randomized controlled trial comparing group phone-based versus newsletter interventions for weight loss maintenance among rural breast cancer survivors. *Contemporary Clinical Trials*, 37(2), 261-271. doi: 10.1016/j.cct.2014.01.010. PMC4149603
17. Holland, J. C., Kolko, R. P., Stein, R. I., Welch, R. R., Perri, M. G., Schechtman, K. B., . . . & Wilfley, D. E. (2014). Modifications in parent feeding practices and child diet during family-based behavioral treatment to improve child zBMI. *Obesity*, 22(5), E119-126. doi: 10. 1002/oby.20708. PMC4111631
18. Middleton, K. R., & Perri, M. G. (2014). A randomized trial investigating the effect of a brief lifestyle intervention on freshman year weight gain. *Journal of American College Health*, 62(2), 101-109. doi: 10.1080/07448481.2013.849259. PMID: 24456512
19. Perri, M. G. (2014). Effects of behavioral treatment on long-term weight loss: Lessons learned from the Look AHEAD trial. *Obesity*, 22(1), 3-4. doi: 10.1002/oby.20672. PMID: 24415676 [PMCID in progress].

20. Manini , T. M., Buford, T. W., Lott, D. J., Vanderborne, K., Daniels, M. J., Knaggs, J. D., . . . & Anton, S. D. (2014). Effect of dietary restriction and exercise on lower extremity tissue compartments in obese, older women: A pilot study. *Journal of Gerontology: Medical Sciences*, 69(1), 101-108. doi: 10.1093/gerona/gls337 PMC4158399
21. Melvin, C. L., Corbie-Smith, G., Kumanyika, S., Pratt, C. A., Nelson, C, Walker E. R., . . . & Ricketts, T. C. (2013). Developing a research agenda for cardiovascular disease prevention in high-risk rural communities. *American Journal of Public Health*, 103(6), 1011-1021. doi: 10.2105/AJPH.2012.300984. PMC3698719
22. Middleton, K. R., Anton, S. D., & Perri, M. G. (2013). Long-term adherence to health behavior change. *American Journal of Lifestyle Medicine* 7(6), 395-405. doi: 10.1177/1559827613488867.
23. Kiernan, M., Schoffman, D. E., Lee, K., Brown, S. D., Fair, J. M., Perri, M. G., & Haskell, W. L. (2013). The Stanford Leisure-Time Activity Categorical Item (L-Cat): A single categorical item sensitive to physical activity changes in overweight/obese women. *International Journal of Obesity*, 37(12), 1597-1602. doi: 10.1038/ijo.2013.36. PMC4731089
24. Rossen, L. M., Milsom, V. A., Middleton, K. R., Daniels, M. J., & Perri, M. G. (2013). Benefits and risks of weight-loss treatment for older, obese women. *Clinical Interventions in Aging*, 8, 157-166. doi: 10.2147/CIA.S38155. PMC3573815
25. Nackers, L. M., Middleton, K. R., Dubyak, P. J., Daniels, M. J., Anton, S. D., & Perri, M. G. (2013). Effects of prescribing 1,000 versus 1,500 kilocalories per day in the behavioral treatment of obesity: A randomized trial. *Obesity*, 21(12), 2481-2487. doi: 10.1002/oby.20439. PMID 23512956 [PMCID in process]
26. Kiernan, M., Brown, S. D., Schoffman, D. E., Lee, K., King, A. C., Taylor, C. B., Schleicher, N. C., & Perri, M. G. (2013). Promoting healthy weight with "Stability Skills First": A randomized trial. *Journal of Consulting and Clinical Psychology*, 81(2), 336-346. doi: 10.1037/a0030544. PMC4428307
27. Daniels, M. J., Roy, J. A., Kim, C., Hogan, J. W., & Perri, M. G. (2012). Bayesian inference for the causal effect of mediation. *Biometrics*, 68(4), 1028-1036. doi: 10.1111/j.1541-0420.2012.01781.x. PMC3927554
28. Befort, C. A., Nazir, N., & Perri, M. G. (2012). Prevalence of obesity among adults from rural and urban areas of the United States: Findings from NHANES (2005-2008). *The Journal of Rural Health*, 28(4), 392-397. doi: 10.1111/j.1748-0361.2012.00411.x. PMC3481194

29. Best, J. R., Theim, K. R., Gredysa, D. M., Stein, R. I., Welch, R. R., Saelens, B. E., . . . & Wilfley, D. E. (2012). Behavioral economic predictors of overweight children's weight loss. *Journal of Consulting and Clinical Psychology, 80*(6), 1086-1096. doi: 10.1037/a0029827.PMC3514606
30. Radcliff, T. A., Bobroff, L. B., Lutes, L. D., Durning, P. E., Daniels, M. J., Limacher, M. C., . . . & Perri, M. G. (2012). Comparing costs of telephone vs face-to-face extended-care programs for the management of obesity in rural settings. *Journal of the Academy of Nutrition and Dietetics, 112*(9), 1363-1373. doi:10.1016/j.jand.2012.05.002. PMC3432696
31. Befort, C. A., Klemp, J. R., Austin, H. L., Perri, M. G., Schmitz, K. H., Sullivan, D. K., & Fabian, C. J. (2012). Outcomes of a weight loss intervention among rural breast cancer survivors. *Breast Cancer Research and Treatment, 132*(2), 631-639. doi: 10.1007/s10549-011-1922-3. PMC3314288
32. Kiernan, M., Moore, S. D., Schoffman, D. E., Lee, K., King, A. C., Taylor, C. B., . . . & Perri, M. G. (2012). Social support for healthy behaviors: Scale psychometrics and prediction of weight loss among women in a behavioral program. *Obesity, 20*(4), 756-764. doi: 10.1038./oby.2011.293. PMC4718570
33. Middleton, K. M., Patidar, S. M., & Perri, M. G. (2012). The impact of extended care on the long-term maintenance of weight loss: A systematic review and meta-analysis. *Obesity Reviews, 13*, 509-517. doi: 10.1111/j.1467-789X.00972.X. PMID: 22212682
34. Milsom, V. A., Middleton, K. M., & Perri, M. G. (2011). Successful long-term weight loss maintenance in a rural population. *Clinical Interventions in Aging, 6*, 303-309. doi: 10.2147/CIA.S25389. PMC3230584
35. Nocera, J., Buford, T. W., Manini, T. M., Naugle, K., Leeuwenburgh, C., Pahor, M., Perri M. G., & Anton S. D. (2011). The impact of behavioral intervention on obesity mediated declines in mobility function: Implications for longevity. *Journal of Aging Research, 2011*, 392510. doi: 10.4061/2011/392510. PMC195552
36. Rejeski, W. J, Brubaker, P. H., Goff, Jr., D. C., Bearon, L. B., McClelland, J. W., Perri, M. G., & Ambrosius, W. T. (2011). Translating weight loss and physical activity programs into the community to preserve mobility in older, obese adults in poor cardiovascular health. *Archives of Internal Medicine, 171*(10), 880-886. doi: 10.1001/archinternmed.2010.522. PMC4425192

37. Wohlgenuth, S. E., Lees, H. A., Marzetti, E., Manini, T. M., Aranda, J. M., Daniels, M. J., . . . & Anton, S. D. (2011). An exploratory analysis of the effects of a weight loss plus exercise program on cellular quality control mechanisms in older overweight women. *Rejuvenation Research*, *14*(3), 315-324. doi: 10.1089/rej.2010.1132. PMC3136739
38. Anton, S. D., Manini, T. M., Milsom, V. A., Dubyak, P., Cesari, M., Cheng, J., . . . & Perri, M. G. (2011). Effects of a weight loss plus exercise program on physical functioning in overweight, older women: A randomized controlled trial. *Clinical Interventions in Aging*, *6*, 141-149. doi: 10.2147/CIA.S17001. PMC3131984
39. Rickel, K. A., Milsom, V. A., Ross, K. M., Hoover, V. J., Peterson, N. D., & Perri, M. G. (2011). Differential response of African-American and Caucasian women to extended-care programs for obesity management. *Ethnicity and Disease*, *21*(2), 170-175. PMC3772655
40. Anton, S. D., Duncan, G. E., Limacher, M. C., Martin, A. D., & Perri, M. G. (2011). How much walking is needed to improve cardiorespiratory fitness? An examination of the 2008 Physical Activity Guidelines for Americans. *Research Quarterly for Exercise and Sport*, *82*(2), 365-370. PMC4126169
41. Wadden, T. A., Foreyt, J. P., Foster, G. D., Hill, J. O., Klein, S., O'Neil, P. M., . . . Dunayevich, E. (2011). Weight loss with naltrexone SR/bupropion SR combination therapy as an adjunct to behavior modification: The COR-BMOD Trial. *Obesity*, *19*(1), 110-120. doi: 10.1038/oby.2010.147. PMC4459776
42. LaCroix, A. Z., Chlebowski, R. T., Manson, J. E., Aragaki, A. K., Johnson, K. C., Martin, L., . . . & Women's Health Initiative (WHI) Investigators (2011). Health outcomes after stopping conjugated equine estrogens among postmenopausal women with prior hysterectomy: A randomized controlled trial. *JAMA*, *305*(13), 1305-1314. doi: 10.1001/jama2011.382. PMC3656722
43. Janicke, D. M., Lim, C. S., Perri, M. G., Bobroff, L. B., Mathews, A. E., Brumback, B. A., Dumont-Driscoll, M., & Silverstein, J. H. (2011). The Extension Family Lifestyle Intervention Project (E-Flip for Kids): Design and methods. *Contemporary Clinical Trials*, *32*(1), 50-58. doi: 10.1016/j.cct.2010.08.002. PMC3006088
44. Wylie-Rosett, J., Aragaki, A. K., Cochrane, B., Perri, M. G., Rosal, M. C., & Rapp, S. R. (2010). Cynicism: Incident diabetes and worsening of metabolic syndrome in postmenopausal women. *Diabetes & Metabolic Syndrome: Clinical Research and Reviews*, *4*(4), 187-189. PMC4317350

45. Chlebowski, R. T., Anderson, G. L., Gass, M., Lane, D. S., Aragaki, A. K., Kuller, L. H., . . . & WHI Investigators (2010). Estrogen plus progestin and breast cancer incidence and mortality in postmenopausal women. *JAMA*, *304*(15), 1684-1692. PMID: 20959578
46. Befort, C. A., Donnelly, J. E., Sullivan, D. K., Ellerbeck, E. F., & Perri, M. G. (2010). Group versus individual phone-based obesity treatment for rural women. *Eating Behaviors*, *11*(1), 11-17. doi: 10.1016/j.eatbeh.2009.08.002. PMC2823259
47. Dutton, G. R., Tan, F., Perri, M. G., Stine, C. C., Dancer-Brown, M., Goble, M., & Van Vessem, N. (2010). What words should we use when discussing excess weight? *Journal of the American Board of Family Medicine*, *23*(5), 606-613. doi: 10.3122/jabfm.2010.05.100024. PMID: 20823355
48. Nackers, L. M., Ross, K. M., & Perri, M. G. (2010). The association between rate of initial weight loss and long-term success in obesity treatment: Does slow and steady win the race? *International Journal of Behavioral Medicine*, *17*(3), 161-167. doi: 10.1007/s12529-010-9092-y. PMC3780395
49. Dutton, G. R., Perri, M. G., Stine, C. C., Goble, M., & Van Vessem, N. (2010). Comparison of physician weight loss goals for obese male and female patients. *Preventive Medicine*, *50*(4), 186-188. doi: 10.1016/j.ypmed.2010.01.014. PMID: 20132837
50. Wilfley, D. E., Van Buren, D. J., Theim, K. R., Stein, R. I., Saelens, B. E., Ezzet, F., . . . & Epstein, L. H. (2010). The use of biosimulation in the design of a novel multilevel weight loss maintenance program for overweight children. *Obesity*, *18* (Suppl. 1), S91-598. Doi: 10.1038/oby.2009.437. PMC3044501
51. Dutton, G. R., Perri, M. G., Dancer-Brown, M., Goble, M., & Van Vessem, N. (2010). Weight loss goals of patients in a health maintenance organization. *Eating Behaviors*, *11*(2), 74-78. doi: 10.1016/j.eatbah.2009.09.007. PMID: 20188289
52. Manini, T. M., Newman, A. B., Fielding, R., Blair, S. N., Perri, M. G., Anton, S. D., . . . & the LIFE Research Group (2010). Effects of exercise on mobility in obese and nonobese older adults. *Obesity*, *18*(6), 1168-1175. Doi: 10.1038/oby.2009.317. PMC3114403
53. Janicke, D. M., Sallinen, B. J., Perri, M. G., Lutes, L. D., Silverstein, J. H., & Brumback, B. (2009). Comparison of program costs for parent-only and family-based interventions for pediatric obesity in medically underserved rural settings. *Journal of Rural Health*, *25*(3), 326-330. doi: 10.1111/j.1748-0361.2009.00238.x. PMC3782094

54. Chlebowski, R. T., Schwartz, A. G., Wakelee, H., Anderson, G. L., Stefanick, M. L., Manson, J. E., . . . & WHI Investigators (2009). Oestrogen plus progestin and lung cancer in postmenopausal women (Women's Health Initiative trial): A post-hoc analysis of a randomised controlled trial. *Lancet*, *374*(9697), 1243-1251. doi: 10.1016/s0140-6736(09)61526-9. PMC2995490
55. Murawski, M. E., Milsom, V. A., Ross, K. M., Rickel, K. A., DeBraganza, N., Gibbons, L. M., & Perri, M. G. (2009). Problem solving, treatment adherence and weight-loss outcome among women participating in lifestyle treatment for obesity. *Eating Behaviors*, *10*(3), 146-151. doi: 10.1016/j.eatbah.2009.03.005. PMC2726832
56. Braver, H. M., Block, A. J., & Perri, M. G. (2009). Treatment for snoring: Combined weight loss, sleeping on side, and nasal spray. 1995. *Chest*, *136* (Suppl. 5): e30. PMID: 20162799
57. Ross, K. M., Milsom, V. A., Rickel, K. A., DeBraganza, N., Gibbons, L. M., Murawski, M. E., & Perri, M. G. (2009). The contributions of weight loss and increased physical fitness to improvements in health-related quality of life. *Eating Behaviors*, *10*(2), 84-88. doi: 10.1016/j.eatbeh.2008012.002. PMC2720563
58. Chlebowski, R. T., Kuller, L. H., Prentice, R. L., Stefanick, M. L., Manson, J. E., Gass, M., . . . & WHI Investigators (2009). Breast cancer after use of estrogen plus progestin in postmenopausal women. *New England Journal of Medicine*, *360*(6), 573-587. Doi: 10.1056/NEJMoa0807684. PMC3963492
59. McTiernan, A., Wactawski-Wende, J., Wu, L., Rodabough, R. J., Watts, N. B., Tylavsky, F., . . . & WHI Investigators (2009). Low-fat, increased fruit, vegetable, and grain dietary pattern, fractures, and bone mineral density: The Women's Health Initiative Dietary Modification Trial. *American Journal of Clinical Nutrition*. *89*(6), 1864-1876. doi: 10.3945/ajcn.2008.26956. PMID: 19403636
60. Perri, M. G., Limacher, M. C., Durning, P. E., Janicke, D. M., Lutes, L. D., Bobroff, L. B., . . . & Martin, A. D. (2008). Extended-care programs for weight management in rural communities: The Treatment of Obesity in Underserved Rural Settings (TOURS) randomized trial. *Archives of Internal Medicine*, *168*(21), 2347-2354. doi: 10.1001/archinte.168.21.2347. PMC3772658
61. Janicke, D. M., Sallinen, B. J., Perri, M. G., Lutes, L. D., Huerta, M., Silverstein, J. H., & Brumback, B. (2008). Comparison of parent-only vs. family-based interventions for overweight children: Outcomes from Project STORY. *Archives of Pediatrics and Adolescent Medicine*, *162*(12), 1119-1125. doi: 10.1001/archpedi.162.12.1119. PMC3782102

62. Tinker, L. F., Bonds, D. E., Margolis, K. L., Manson, J. E., Howard, B. V., Larson, J., & Women's Health Initiative. (2008). Low-fat dietary pattern and risk of treated diabetes mellitus in postmenopausal women: The Women's Health Initiative (WHI) randomized controlled dietary modification trial. *Archives of Internal Medicine*, 168(14), 1500-1511. doi: 10.1001/archinte.168.14.1500. PMID: 18663162
63. Janicke, D. M., Sallinen, B. J., Perri, M. G., Lutes, L. D., Silverstein, J. H., Huerta, M. G., & Guion, L.A. (2008). Sensible Treatment of Obesity in Rural Youth (STORY): Design and methods. *Contemporary Clinical Trials*, 29(2), 270-280. PMC1788503
64. Rejeski W. J., King, A. C., Katula, J. A., Kritchevsky, S., Miller, M. E., Walkup, M. P., . . . & LIFE Investigators (2008). Physical activity in prefrail older adults: Confidence and satisfaction related to physical function. *The Journals of Gerontology*, 63(1), 19-26. PMC4509632
65. Wilfley, D. E., Crow, S. J., Hudson, J. I., Mitchell, J. E., Berkowitz, R. I., Blakesley, V., Walsh, B. T., & the Sibutramine Binge Eating Disorder Research Group (2008). Efficacy of sibutramine for the treatment of binge eating disorder: A randomized multicenter placebo-controlled double-blind study. *American Journal of Psychiatry*, 165(1), 51-58. PMID: 18056225
66. Chlebowski, R. T., Pettinger, M., Johnson, K. C., Kooperberg, C., Wactawski-Wende, J., Rohan, T., . . . , & WHI Investigators (2008). Calcium plus vitamin D supplementation and the risk of breast cancer. *Journal of the National Cancer Institute*, 100(22), 1581-1591. doi: 10.1093/jnci/djn360. PMC2673920
67. Ritenbaugh, C., Stanford, J. L., Wu, L., Shikany, J. M., Schoen, R. E., Stefanick, M. L., . . . & WHI Investigators (2008). Conjugated equine estrogens and colorectal cancer incidence and survival: The Women's Health Initiative randomized clinical trial. *Cancer Epidemiology, Biomarkers, and Prevention*, 17(10), 2609-2618. doi: 10.1158/1055-9965.EPI-0800385. PMC2937217
68. Brunner, R. L., Cochrane, B., Jackson, R. D., Larson, J., Lewis, C., Limacher, M., . . . & WHI Investigators (2008). Calcium, vitamin D supplementation, and physical function in the Women's Health Initiative. *Journal of the American Dietetic Association*, 108(9), 1472-1479. doi: 10.1016/j.jada.2008.06.43. PMC3875323
69. Wiens, B. A., Evans, G. D., Radunovich, H. L., Torres, N. I., Rozensky, R. H., Perri, M. G., & Janicke, D. M. (2007). A collaboration between extension and psychology to improve health for rural Americans: The National Rural Behavioral Health Center. *Journal of Rural Community Psychology*, E10(1). Available from <http://www.marshall.edu/jrcp/V10%20N1/Wiens/Wiens.pdf>

70. Tinker, L. F., Rosal, M. C., Young, A. F., Perri, M. G., Patterson, R. E., Van Horn, L., . . . & Wu, L. (2007). Predictors of dietary change and maintenance in the Women's Health Initiative (WHI) dietary modification (DM) trial. *Journal of the American Dietetic Association, 107*(7), 1155-1166. PMID: 17604744
71. The LIFE Study Investigators (2007). Effects of a physical activity intervention on measures of physical performance: Results of the Lifestyle Interventions and Independence for Elders Pilot (LIFE-P) study. *Journal of Gerontology: Medical Sciences, 61*(11), 1157-1165. PMID: 17167156
72. McTiernan, A., Wu, L., Chen, C., Chlebowski, R., Mossavar-Rahmani, Y., Modugno, F., . . . & WHI Investigators (2006). Relation of BMI and physical activity to sex hormones in postmenopausal women. *Obesity, 14*(9), 1662-1677. PMID: 17030978
73. Beresford, S. A., Johnson, K. C., Rittenbaugh, C., Lasser, N. L., Snetselaar, L. G., Black, H. R., . . . & Whitlock, E. (2006). Low-fat dietary pattern and risk of colorectal cancer: The Women's Health Initiative Randomized Controlled Dietary Modification Trial. *JAMA, 295*(6), 643-654. PMID: 16467234
74. Howard, B. V., Van Horn, L., Hsia, J., Manson, J. E., Stefanick, M. L., Wassertheil-Smoller, S., . . . & Kotchen, J. M. (2006). Low-fat dietary pattern and risk of cardiovascular disease: The Women's Health Initiative Randomized Controlled Dietary Modification Trial. *JAMA, 295*(6), 655-666. PMID: 16467234
75. Duncan, G. E., Anton, S. D., Sydeaman, S. J., Newton, R. L., Jr., Corsica, J. A., Durning, P. E., . . . & Perri, M. G. (2005). Prescribing exercise at varied levels of intensity and frequency: A randomized trial. *Archives of Internal Medicine, 165*(20), 2362-2369. PMID: 16287765
76. Anton, S. D., Perri, M. G., Riley, J., III, Kanasky, W. F., Rodrigue, J. R., Sears, S. F., & Martin, A. D. (2005). Differential predictors of adherence in exercise programs with moderate versus higher levels of intensity and frequency. *Journal of Sport & Exercise Psychology, 27*(2), 171-187.
77. Ames, G. E., Perri, M. G., Fox, L. D., Fallon, E. A., De Braganza, N., Murawski, M. E., Pafumi, L., & Hausenblas, H. A. (2005). Changing weight-loss expectations: A randomized pilot study. *Eating Behaviors, 6*(3), 259-269. PMID: 15854872
78. Kleiner, K. D., Gold, M. S., Frost-Pineda, K., Lenz-Brunsmann, B., Perri, M. G., & Jacobs, W. S. (2004). Body mass index and alcohol use. *Journal of Addictive Disorders, 23*(3), 105-118. PMID: 15256347

79. Newton, R. L., Jr., & Perri, M. G. (2004). A randomized pilot trial of exercise promotion in sedentary African-American adults. *Ethnicity and Disease*, 14(4), 548-557. PMID: 15724775
80. Duncan, G. E., Perri, M. G., Anton, S. D., Limacher, M. C., Martin, A. D., Lowenthal, D. T., . . . & Stacpoole, P. W. (2004). Effects of exercise on emerging and traditional cardiovascular risk factors. *Preventive Medicine*, 39(5), 894-902. PMID: 15475021
81. Women's Health Initiative Study Group (2004). Dietary adherence in the Women's Health Initiative Dietary Modification Trial. *Journal of the American Dietetic Association*, 104(4), 654-658. PMID: 15054353
82. Park, T. L., Perri, M. G., & Rodrigue, J. R. (2003). Minimal intervention programs for weight loss in heart transplant candidates: A preliminary examination. *Progress in Transplantation*, 13(4), 284-288. PMID: 14765721
83. Duncan, G. E., Perri, M. G., Theriaque, D. W., Hutson, A. D., Eckel, R. H., & Stacpoole, P. W. (2003). Exercise training, without weight loss, increases insulin sensitivity and postheparin plasma lipase activity in previously sedentary adults. *Diabetes Care*, 26(3), 557-562. PMID: 12610001
84. Duncan, G. E., Anton, S. D., Newton, R. L., Jr., & Perri, M. G. (2003). Comparison of perceived health to physiological measures of health in black and white women. *Preventive Medicine*, 36(5), 624-628. PMID: 12689808
85. Manson, J. E., Greenland, P., LaCroix, A. Z., Stefanick, M. L., Mouton, C. P., Oberman, A., . . . & Siscovick, D. S. (2002). Walking compared with vigorous exercise for the prevention of cardiovascular events in women. *New England Journal of Medicine*, 347(10), 716-725. PMID: 12213942
86. Perri, M. G., Anton, S. D., Durning, P. E., Ketterson, T. U., Sydeman, S. J., Berlant, N. E., . . . & Martin, A. D. (2002). Adherence to exercise prescriptions: Effects of prescribing moderate versus higher levels of exercise intensity and frequency. *Health Psychology*, 21(5), 452-458. PMID: 12211512
87. Tinker, L. F., Perri, M. G., Patterson, R. E., Bowen, D. J., McIntosh, M., Parker, L. M., Sevick, M. A., & Wodarski, L. A. (2002). The effects of physical and emotional status on adherence to a low-fat dietary pattern in the Women's Health Initiative. *Journal of the American Dietetic Association*, 102(6), 789-800. PMID: 12067044

88. Manson, J. E., Lewis, C., Allen, C., Johnson, K., Stefanik, M., Foreyt, J. P., Kelsges, R., Tinker, L., Noonan, E., Perri, M. G., & Hall, D. (2002). Ethnic, socioeconomic, and lifestyle correlates of obesity in U.S. women. *Clinical Journal of Women's Health, 1*, 25-34.
89. Kanasky, W. F., Jr., Anton, S. D., Rodrigue, J. R., Perri, M. G., Szwed, T., & Baz, M. A. (2002). Impact of body weight on long-term survival after lung transplantation. *Chest, 21*(2), 401-406. PMID: 11834649
90. Perri, M. G., Nezu, A. M., McKelvey, W. F., Shermer, R. L., Renjilian, D. A., & Viegner, B. J. (2001). Relapse prevention training and problem solving therapy in the long-term management of obesity. *Journal of Consulting and Clinical Psychology, 69*(4), 722-726. PMID: 11550740
91. Renjilian, D. A., Perri, M. G., Nezu, A. M., McKelvey, W. F., Shermer, R. L., & Anton, S. D. (2001). Individual versus group therapy for obesity: Effects of matching participants to their treatment preferences. *Journal of Consulting and Clinical Psychology, 69*(4), 717-721. PMID: 11550739
92. Duncan, G. E., Sydeman, S. J., Perri, M. G., Limacher, M. C., & Martin, A. D. (2001). Can sedentary adults accurately recall the intensity of their physical activity? *Preventive Medicine, 33*(1), 18-26. PMID: 11482992
93. Rodrigue, J. R., Kanasky, W. F., Jr., Marhefka, S. L., Perri, M. G., & Baz, M. (2001). A psychometric normative database for pre-lung transplantation evaluations. *Journal of Clinical Psychology in Medical Settings, 8*(4), 229-236.
94. Richards, S., & Perri, M. G. (2001). Depression and suicide in general health care patients. *Outlook: A Quarterly Newsletter of the Society of Behavioral Medicine, Summer*, 4-5.
95. Anton, S. D., Perri, M. G., & Riley, J. R., III, (2000). Discrepancy between actual and ideal body images: Impact on eating and exercise behaviors. *Eating Behaviors, 1*(2), 153-160. PMID: 15001058
96. Rodrigue, J. R., Kanasky, W. F., Jackson, S. I., & Perri, M. G. (2000). The Psychosocial Adjustment to Illness Scale--self-report: Factor structure and item stability. *Psychological Assessment, 12*(4), 409-413. PMID: 11147108
97. Sherman, A. M., Bowen, D. J., Vitolins, M., Perri, M. G., Rosal, M. C., Sevicik, M. A., & Ockene, J. K. (2000). Dietary adherence: Characteristics and interventions. *Controlled Clinical Trials, 21*(Suppl. 5), 206S-211S. PMID: 11018577

98. Martin, K. A., Bowen, D. J., Dunbar-Jacob, J., & Perri, M. G. (2000). Who will adhere? Key issues in the study and prediction of adherence in randomized controlled trials. *Controlled Clinical Trials, 21*(Suppl. 5), 195S-199S. PMID: 11018575
99. Rodrigue, J. R., Jackson, S. I., & Perri, M. G. (2000). Medical coping modes questionnaire: Factor structure for adult organ transplant candidates. *International Journal of Behavioral Medicine, 7*(2), 89-110. doi: 10.1027/S153275581JBM0702_1
100. Kumanyika, S. K., Van Horn, L., Bowen, D., Perri, M. G., Rolls, B. J., Czajkowski, S. M., & Schron, E. (2000). Maintenance of dietary behavior change. *Health Psychology, 19* (Suppl. 1), 42-56. PMID: 10709947
101. Leermakers, E. A., Perri, M. G., Shigaki, C. L., & Fuller, P. R. (1999). Effects of exercise-focused versus weight-focused maintenance programs on the management of obesity. *Addictive Behaviors, 24*(2), 219-227. PMID: 10336103
102. Sears, S. F., Jr., Rodrigue, J. R., Sirois, B C., Urizar, G. G., & Perri, M. G. (1999). Extending psychometric norms for pre-cardiac transplantation evaluations: The Florida Cohort 1990-1996. *Journal of Clinical Psychology in Medical Settings, 6*(3), 303-316. doi: 10.1023/A:1026247923264
103. Streisand, R. M., Rodrigue, J. R., Sears, S. F., Jr., Perri, M. G., Davis, G. L., & Banko, C. G. (1999). A psychometric normative database for pre-liver transplant evaluations: The Florida cohort 1991-1996. *Psychosomatics, 40*(6), 479-485. PMID: 10581975
104. Grundy, S. M., Blackburn, G., Higgins, M., Lauer, R., Perri, M. G., & Ryan, D. (1999). Physical activity in the treatment of obesity and its comorbidities. *Medicine and Science in Sports and Exercise, 31*(Suppl. 11), S502-508. PMID: 10593519
105. Perri, M. G. (1998). The maintenance of treatment effects in the long-term management of obesity. *Clinical Psychology: Science and Practice, 5*(4), 526-543. doi: 10.1111/j.1468-2850.1998.tb00172.x
106. Fuller, P. R., Perri, M. G., Leermakers, E. A., & Guyer, L. K. (1998). Effects of a personalized system of skill acquisition and an educational program in the treatment of obesity. *Addictive Behaviors, 23*(1), 97-100. PMID: 9468746
107. Durning, P. E., Perri, M. G., Rodrigue, J. R., Banko, C. G., Streisand, R. M., Esquerre, J. M., & Davis, G. L. (1998). MMPI profiles of liver and heart transplant candidates with and without significant histories of heavy alcohol use. *Journal of Clinical Psychology in Medical Settings, 5*(1), 35-47. doi: 10.1023/A:1026201819088

108. Kury, S. P., Rodrigue, J. R., & Perri, M. G. (1998). Smokeless tobacco and cigarettes: Differential attitudes and behavioral intentions of young adolescents. *Journal of Clinical Child Psychology, 27*(4), 415-422.
109. Perri, M. G., Martin, A. D., Leermakers, E. A., Sears, S. F., & Notelovitz, M. (1997). Effects of group- versus home-based exercise in the treatment of obesity. *Journal of Consulting and Clinical Psychology, 65*(2), 278-285. PMID: 9086691
110. Rodrigue, J. R., Perri, M. G., Henson, C. D., Belar, C. B., Geisser, M. E., Lucas, J. R., Shapiro, D. E., & Summerhill, W. (1996). Cooperative extension and health psychology: An innovative partnership in addressing the needs of disaster survivors in a rural community. *Journal of the National Association for Rural Mental Health, 49*-59.
111. Perri, M. G., & Fuller, P. R. (1995). Success and failure in the treatment of obesity: Where do we go from here? *Medicine, Exercise, Nutrition, & Health, 4*, 255-272.
112. Braver, H. M., Block, A. J., & Perri, M. G. (1995). Treatment for snoring: Combined weight loss, sleeping on side, and nasal spray. *Chest, 107*(5), 1283-1288. PMID: 7750319
113. Arean, P. A., Perri, M. G., Nezu, A. M., Schein, R. L., Christopher, F., & Joseph, T. X. (1993). Comparative effectiveness of social problem-solving therapy and reminiscence therapy as treatments for depression in older adults. *Journal of Consulting and Clinical Psychology, 61*(6), 1003-1010. PMID: 8113478
114. Datillo, A. M., & Perri, M. G. (1993). Confronting the maintenance problem in the treatment of obesity. *Journal of Cardiopulmonary Rehabilitation and Prevention, 13*(3), 164-166.
115. Perri, M. G., Sears, S. F., Jr., & Clark, J. E. (1993). Strategies for improving maintenance of weight loss: Toward a continuous care model of obesity management. *Diabetes Care, 16*(1), 200-209. PMID: 8422776
116. Perri, M. G. (1992). Weight maintenance strategies: The process and the practice. *Weight Control Digest, 2*, 201-207.
117. McCann, K. L., Perri, M. G., Nezu, A. M., & Lowe, M. R. (1992). An investigation of counterregulatory eating in obese clinic attenders. *International Journal of Eating Disorders, 12*(2), 161-169. doi: 10.1002/1098-108X(199209)

118. Perri, M. G., McAllister, D. A., Gange, J. J., Jordan, R. C., McAdoo, W. G., & Nezu, A. M. (1992). Effects of four maintenance programs on the long-term management of obesity. *Journal of Consulting and Clinical Psychology, 56*(4), 529-534. PMID: 2848874
119. Perri, M. G. (1992). Commentary: Effects of very-low-calorie diet on long-term glycemic control in obese type 2 diabetic subjects. *Diabetes Spectrum, 5*, 217.
120. Nezu, A. M., Nezu, C. M., & Perri, M. G. (1990). Psychotherapy for adults within a problem-solving framework: Focus on depression. *Journal of Cognitive Psychotherapy, 4*, 247-256.
121. Viegner, B. J., Renjilian, D. A., McKelvey, W. F., Schein, R. L., Perri, M. G., & Nezu, A. M., (1990). Effects of an intermittent, low-fat, low-calorie diet in the behavioral treatment of obesity. *Behavior Therapy, 21*(4), 499-509. doi: 10.1016/S0005-7894(05)80361-2
122. Perri, M. G., Nezu, A. M., Patti, E. T., & McCann, K. L. (1989). Effect of length of treatment on weight loss. *Journal of Consulting and Clinical Psychology, 57*(3), 450-452. PMID: 2500466
123. Nezu, A. M., & Perri, M. G. (1989). Social problem solving therapy for unipolar depression: An initial dismantling study. *Journal of Consulting and Clinical Psychology, 57*(3), 408-413. PMID: 2738213
124. Perri, M. G. (1988). Improving treatment for alcohol dependent veterans. *Psychology of Addictive Behaviors, 2*(2), 82-91. doi: 10.1037/h0080522
125. McAllister, D. A., Perri, M. G., Jordan, R. C., Rauscher, F. P., & Sattin, A. (1987). Effects of ECT given two versus three times per week. *Psychiatry Research, 21*(1), 63-69. PMID: 3602221
126. Perri, M. G., McAdoo, W. G., McAllister, D. A., Lauer, J. B., Jordan, R. C., Yancey, D. Z., & Nezu, A. M. (1987). Effects of peer support and therapist contact on long-term weight loss. *Journal of Consulting and Clinical Psychology, 55*(4), 615-617. PMID: 3624623
127. Perri, M. G., McAdoo, W. G., McAllister, D. A., Lauer, J. B., & Yancey, D. Z. (1986). Enhancing the efficacy of behavior therapy for obesity: Effects of aerobic exercise and a multicomponent maintenance program. *Journal of Consulting and Clinical Psychology, 54*(5), 670-675. PMID: 3771884

128. Perri, M. G., McAdoo, W. G., Spevak, P. A., & Newlin, D. B. (1984). Effect of a multicomponent maintenance program on long-term weight loss. *Journal of Consulting and Clinical Psychology, 52*(3), 480-481. PMID: 6747068
129. Perri, M. G., Shapiro, R. M., Ludwig, W. W., Twentyman, C. T., & McAdoo, W. G. (1984). Maintenance strategies for the treatment of obesity: An evaluation of relapse prevention training and posttreatment contact by mail and telephone. *Journal of Consulting and Clinical Psychology, 52*(3), 404-413. PMID: 6747059
130. Stalonas, P. M., Perri, M. G., & Kerzner, A. B. (1984). Do behavioral treatments of obesity last? A five-year follow up investigation. *Addictive Behaviors, 9*(2), 175-184. PMID: 7107936
131. Merrion, M. J., Newlin, D. B., McAllister, D. A., Richmond, B. D., Jordan, R. J., Rauscher, F. P., & Perri, M. G. (1984). Subcortical density of the left hemisphere in schizophrenia. *Psychophysiology, 21*(5), 587-588.
132. Reis, H. T., Wheeler, L., Spiegel, N., Kernis, M. H., Nezelek, J., & Perri, M. G. (1982). Physical attractiveness in social interaction, II: Why does appearance affect social experience? *Journal of Personality and Social Psychology, 43*(5), 979-996. doi: 10.1037/0022-3514.43.5-979
133. Kirschenbaum, D. S., & Perri, M. G. (1982). Improving academic competence in adults: A review of recent research. *Journal of Counseling Psychology, 29*(1), 76-94. doi: 10.1037/0022-0617.29.1.76
134. Plotkin, R. C., Twentyman, C. T., & Perri, M. G. (1982). Utility of a measure of aggression in differentiating abusing parents from other parents who are experiencing familial disturbance. *Journal of Clinical Psychology, 38*(3), 607-610. PMID: 7107926
135. Perri, M. G., Kerzner, A. B., & Tayler, A. H. (1981). The assessment of heterosocial adequacy: A cross-validation and replication. *Behavioral Counseling Quarterly, 1*, 317-319.
136. Plotkin, R. C., Azar, S., Twentyman, C. T., & Perri, M. G. (1981). A critical evaluation of the research methodology employed in the investigation of causative factors of child abuse and neglect. *International Journal of Child Abuse and Neglect, 5*(4), 449-455. doi: 10.1016/0145-2134(81)90055-7
137. Twentyman, C. T., Perri, M. G., Stalonas, P. M., Toro, P. A., & Zastowny, T. R. (1981). Evaluation of social support systems in the behavioral treatment of obesity: An

examination of weight loss and cardiovascular functioning. *Psychophysiology*, 18(2), 162.

138. Perri, M. G., & Richards, C. S. (1979). Assessment of heterosocial skills in male college students: Empirical development of a behavioral role-playing test. *Behavior Modification*, 3(3), 337-54. doi:10.1177/014544557933003
139. Perri, K. D., & Perri, M. G., (1979). Use of relaxation to reduce pain following vaginal hysterectomy. *Perceptual and Motor Skills*, 48(2), 478. PMID: 379793
140. Richards, C. S., & Perri, M. G. (1978). Do self-control treatments last? An evaluation of behavioral problem solving and faded counselor contact as treatment maintenance strategies. *Journal of Counseling Psychology*, 25(5), 376-383. doi: 10.1037/0022-0167.25.5.376
141. Perri, M. G., & Richards, C. S. (1977). An investigation of naturally occurring episodes of self-controlled behaviors. *Journal of Counseling Psychology*, 24(3), 178-183. doi: 10.1037/0022-0167.24.3.178
142. Perri, M. G., Richards, C. S., & Schultheis, K. R. (1977). Behavioral self-control and smoking reduction: A study of self-initiated attempts to reduce smoking. *Behavior Therapy*, 8(3), 360-365. doi: 10.1016/S0005-7894(77)80070-1
143. Richards, C. S., Perri, M. G., & Gortney, C. (1976). Increasing the maintenance of self-control treatments through faded counselor contact and high information feedback. *Journal of Counseling Psychology*, 23(4), 405-406. doi: 10.1037/0022-167.234.405
144. Perri, M. G., & Zipper, M. M. (1976). Are psychology departments dealing with the tenuring-in problem? A survey of department chairpersons. *Psychological Reports*, 39, 1321-1322.

Books (authored):

145. Richards, S., & Perri, M. G. (2002). *Depression: A primer for practitioners*. Thousand Oaks, CA: Sage Publications.
146. Perri, M. G., Nezu, A. M., & Viegner, B. J. (1992). *Improving the long-term management of obesity: Theory, research, and clinical guidelines*. New York: John Wiley & Sons.
147. Nezu, A. M., Nezu, C. M., & Perri, M. G. (1989). *Problem solving therapy for depression: Theory, research, and clinical guidelines*. New York: John Wiley & Sons.

Book (edited):

148. Richards, S., & Perri, M. G. (2010). *Relapse prevention for depression*. Washington, DC: American Psychological Association Publications.

Book chapters and monographs:

149. Perri, M. G., & Ariel, A. H. (in press). Maintenance of weight lost in behavioral treatment of obesity. In T. A. Wadden & G. A. Bray (Eds.), *Handbook of obesity treatment*. New York: Guilford Press.
150. Dutton, G. & Perri, M. G. (2016). Delivery, evaluation, and future directions for cognitive-behavioral treatments of obesity. In A. M. Nezu & C. M. Nezu (Eds.), *The Oxford handbook of cognitive and behavioral therapies*. New York: Oxford University Press.
151. Corsica, J. A., & Perri, M. G. (2012). Understanding and managing obesity. In A. M. Nezu, C. M. Nezu, & P. Geller (Eds.), *Comprehensive handbook of psychology: Health psychology*. New York: John Wiley & Sons.
152. Anton, S. D., & Perri, M. G. (2012). Disease prevention through lifestyle interventions for diet and physical activity. In P. Kennedy (Ed.), *The Oxford handbook of rehabilitation psychology*. New York: Oxford University Press.
153. Ross, K. M., & Perri, M. G. (2012). Adherence. In J. M. Rippe (Ed.) *Encyclopedia of lifestyle medicine and health*. Thousand Oaks, CA: Sage Publications.
154. Anton, S. D., Hand, K. A., & Perri, M. G. (2010). Problematic lifestyle habits. In R. Di Tomasso & B. A. Golden (Eds.), *Handbook of cognitive- behavioral approaches in primary care*. New York: Springer.
155. Perri, M. G., & Nackers, L. M. (2010). Obesity. In I. Weiner & E. Craighead (Eds.), *Corsini's encyclopedia of psychology* (4th ed., pp. 1107-1109). New York: John Wiley & Sons.
156. Richards, C. S., & Perri, M. G. (2010). Introduction: The relapse problem in depression overview. In C. S. Richards & M. G. Perri (Eds.), *Relapse prevention for depression* (pp. 3-23). Washington, DC: American Psychological Association Publications.
157. Richards, C. S., & Perri, M. G. (2010). Epilogue: Integration and a summary of clinical guidelines for practitioners. In C. S. Richards & M. G. Perri (Eds.), *Relapse prevention for depression*. (pp. 271-281). Washington, DC: American Psychological Association Publications.

158. Perri, M. G., Foreyt, J. P., & Anton, S. D. (2008). Prevention of weight regain after weight loss. In G. A. Bray and C. Bouchard (Eds.), *Handbook of obesity treatment: Clinical applications* (3rd ed., pp. 249-268). New York: Informa Healthcare.
159. Milsom, V. A., Perri, M. G., & Rejeski, W. J. (2007). Guided group support and the long-term management of obesity. In J. Latner & G. T. Wilson (Eds.), *Self-help for binge eating and obesity* (pp. 205-222). New York: Guilford Press.
160. Nezu, A. M., Nezu, C. M., & Perri, M. G. (2006). Problem solving. In W. T. O'Donohue & E. R. Levensky (Eds.), *Promoting treatment adherence: A practical handbook for health care providers* (pp. 135-148). Thousand Oaks, CA: Sage Publications.
161. Perri, M. G., & Fox, L. D. (2005). Cognitive behavioral treatment of obesity. In A. Freeman (Ed.), *Encyclopedia of cognitive behavior therapy*. New York: Kluwer Academic/Plenum Publishers.
162. Perri, M. G., & Foreyt, J. P. (2004). Preventing weight regain after weight loss. In G. A. Bray and C. Bouchard (Eds.), *Handbook of obesity treatment: Clinical applications* (2nd ed., pp. 185-200). New York: Marcel Dekkar.
163. Perri, M. G. (2003). Success and failure in the maintenance of lost weight. In G. Medeiros-Neto, A. Halpern, & C. Bouchard (Eds.), *Progress in Obesity Research: Vol. 9*. (pp. 439-442) London: John Libbey & Co.
164. Perri, M. G., & Corsica, J. A. (2003). Treatment of obesity. In S. Llewelyn & P. Kennedy (Eds.), *Handbook of clinical health psychology* (pp. 181-202). London: John Wiley & Sons.
165. Corsica, J. A., & Perri, M. G. (2003). Understanding and managing obesity. In A. M. Nezu, C. M. Nezu, & P. Geller (Eds.), *Comprehensive handbook of psychology, Vol. 9: Health psychology* (pp. 121-146). New York: John Wiley & Sons.
166. Perri, M. G., & Corsica, J. A. (2002). Improving the maintenance of weight lost in behavioral treatment of obesity. In T. A. Wadden & A. J. Stunkard (Eds.), *Handbook of obesity treatment* (3rd ed., pp. 357-379). Hoboken, NJ: Guilford.
167. Perri, M. G. (2001). Improving maintenance in behavioral treatment. In K. D. Brownell and C. G. Fairburn (Eds.), *Eating disorders and obesity: A comprehensive handbook* (2nd ed., pp. 593-598). New York: Guilford.

168. Durning, P. A., & Perri, M. G. (2001). Substance abuse assessment and treatment. In J. R. Rodrigue (Ed). *Biopsychosocial perspectives on transplantation* (pp. 125-149). New York: Kluwer Academic/Plenum Publishers.
169. Perri, M. G. (2001). Improving adherence in the treatment of obesity. In L. E. Burke & I. S. Ockene (Eds.), *Compliance in healthcare and research* (pp. 219-233). Armonk, NY: Futura Publishing.
170. Perri, M. G. (1996). Women, weight, and wellness. In L. S. Lieberman & E. P. Stoller (Eds.), *Women's health and research: Applying the national agenda* (pp. 77-86). Gainesville, FL: Clips Group.
171. Perri, M. G. (1995). Methods for maintaining weight loss. In K. D. Brownell & C. G. Fairburn (Eds.), *Eating disorders and obesity: A comprehensive handbook* (pp. 547-551). New York: Guilford Press.
172. Perri, M. G., & Nezu, A. M. (1993). Preventing relapse following treatment for obesity. In A. J. Stunkard & T. A. Wadden (Eds.), *Obesity: Theory and therapy* (pp. 287-299). New York: Raven Press.
173. Perri, M. G. (1992). Improving maintenance of weight loss following treatment by diet and lifestyle modification. In T. A. Wadden & T. B. Van Itallie (Eds.), *Treatment of severe obesity by diet and lifestyle modification* (pp. 456-477). New York: Guilford Press.
174. Perri, M. G. (1989). Obesity. In A. M. Nezu & C. M. Nezu (Eds.), *Clinical decision making in behavior therapy* (pp. 193-226). Champaign, IL: Research Press.
175. Perri, M. G. (1987). Maintenance strategies for the management of obesity. In W. G. Johnson (Ed.), *Advances in eating disorders (Vol. 1): Treating and preventing obesity* (pp. 177-194). Greenwich, CT: JAI Press.
176. Perri, M. G. (1985). Self-change strategies for the control of smoking, obesity, and problem drinking. In S. Shiffman & T. A. Wills (Eds.), *Coping and substance use* (pp. 295-317). New York: Academic Press.
177. Krouse, J. H., & Perri, M. G., (1981). Assessing academic competence in adults: A review of dependent measures used in study improvement programs. *JSAS Catalog of Selected Documents in Psychology*, 11, 61. (Ms. No. 2316)

178. Perri, M. G., Richards, C. S., & Goodrich, J. (1978). The Heterosocial Adequacy Test (HAT): A role-playing test for the assessment of heterosocial skills in male college students. *JSAS Catalog of Selected Documents in Psychology*, 8, 16. (Ms. No. 1650)
179. Perri, M. G. (1977). Behavior modification of heterosocial difficulties: A review of conceptual, treatment, and assessment considerations. *JSAS Catalog of Selected Documents in Psychology*, 7, 75. (Ms. No. 1530)

SCIENTIFIC AND PROFESSIONAL PRESENTATIONS

More than 200 oral and poster presentations at national and international meetings.

DOCTORAL STUDENTS (Dissertation Chair or Co-Chair)

Eliza Warren, in progress	William Kanasky, 2003, Co-Chair
Aviva Ariel, in progress	Robert Newton, 2002
Renée Degener, in progress	Patricia Durning, 2001, Co-Chair
Melissa Laitner, in progress	Tricia Park, 1998, Co-Chair
Samantha Minski, 2016	Elizabeth Leermakers, 1995
Kristen Newell Medina, 2016	Pamela Fuller, 1994
Danielle Lespinasse, 2015	Donna Wollerman-Ronan, 1992
Stacey Maurer, 2015	Patricia Arean, 1991
Valerie Hoover, 2014	Barbara Viegner, 1991
Kathryn Ross Middleton, 2013	Wendy McKelvey, 1990
Rachel André, 2012	David Renjilian, 1990
Lisa Nackers, 2012	Eugene Patti, 1990
Ninoska DeBraganza, 2010	Diane Napolitano, 1990
Vanessa Milsom, 2010	Bonnie Weisener, 1989
Katie Rickel, 2008	Karen McCann, 1988
Mary Murawski, 2007	Sara Green Schmidt, 1988
Gretchen Ames, 2005	John Krouse, 1980
Nicole Berlant, 2004	William Plaxco, 1980
Stephen Anton, 2003	Peter Stalonas, 1980, Co-Chair

COURSES TAUGHT

Health Promotion
Health Psychology/Behavioral Medicine
Clinical Health Psychology Practicum
Addictive Behaviors
Behavior Therapy
Theories and Methods of Psychotherapy
Personality and Behavior Change
Theories of Personality
Abnormal Psychology
General/Experimental Psychology

PROFESSIONAL SERVICE

Editorial and Review Activities:

Associate Editor, 2010-2012, *Journal of Consulting and Clinical Psychology*
Consulting Editor, 2000-present, *Eating Behaviors*
Consulting Editor, 2005-2008, *ACSM's Fitness and Health Journal*
Associate Editor, 1996-1998, *The Behavior Therapist*
Consulting Editor, 1992-1993, *Health Psychology*
Consulting Editor, 1991-1993, *Annals of Behavioral Medicine*
Associate Editor, 1987-1994, *Psychology of Addictive Behaviors*
Consulting Editor, 1986-1989, *Journal of Consulting and Clinical Psychology*

Ad hoc reviewer:

Addictive Behaviors
American Psychologist
American Journal of Clinical Nutrition
American Journal of Epidemiology
American Journal of Preventive Medicine
Annals of Behavioral Medicine
Appetite
Archives of Internal Medicine
Behavioral Assessment
Behavior Modification
Behavior Therapy
Clinical Psychology Review
Cognitive Therapy and Research
Health Psychology

International Journal of Behavioral Medicine
International Journal of Obesity
JAMA
Journal of Community Psychology
Journal of Consulting and Clinical Psychology
Journal of Counseling Psychology
Journal of Personality Assessment
Medicine and Science in Sports and Exercise
New England Journal of Medicine
Obesity
Obesity Research
Pediatrics
Psychosomatic Medicine
Psychosomatics
Preventive Medicine
Psychological Bulletin
The Behavior Therapist
Southern Medical Journal

Member, 2015-2016, Institute of Medicine's Committee on Evaluating Approaches to Assessing Prevalence and Trends in Obesity

Consultant, 2014, HHS, Office of Disease Prevention and Health Promotion, 2015 Dietary Guidelines Advisory Committee.

Member, 2014, NIH Working Group on Innovations in Research to Improve Weight Loss Maintenance

Chair, 2010-2014, NIH/NHLBI Data and Safety Monitoring Board for the "EARLY Weight Loss Trials."

Member, 2002-2011, NIH/NIDDK Data and Safety Monitoring Board for the "Look AHEAD" trial of weight loss in patients with type 2 diabetes.

Member, 2004-2007, NIH/NHLBI Data and Safety Monitoring Board for the "POUNDS LOST" Trial.

Member, 2003-2007, NIH/NHLBI Data and Safety Monitoring Board for the “Weight Loss Maintenance Trial.”

Member, 2001, NIH/NIDDK Protocol Review Committee for the “Look AHEAD” trial of weight loss in patients with type 2 diabetes.

Member, 2000-2008, External Advisory Board, Minnesota Obesity Center

Ad-hoc Member, 1993-2011, various NIH Special Emphasis Review Sections

External Reviewer: Tenure and Promotion Reviews for Other Institutions

Brown University, 2014, 2015

University of Colorado Denver, 2013

University of Kansas, 2012

Temple University, 2011

University of Massachusetts Boston, 2011

University of Connecticut, 2010

Louisiana State University, 2010

Brown University, 2000, 2009

University of Washington—Seattle, 1999, 1998, 2007

University of Texas Medical Branch, 2007

Texas Tech University, 2010, 2004, 1997

Mayo Medical School, 2004, 1998

University at Albany, 2003

University of Missouri-Kansas City, 2001

Northwestern University, 2000

Baylor College of Medicine, 1999, 1998

Medical College of Pennsylvania-Hahnemann University, 1995, 1998

Uniformed Services University of the Health Sciences, 1998

Syracuse University, 1995, 1996

Consulting Reviewer, 1994, National Academy of Science, Institute of Medicine, Committee to Develop Criteria for Evaluating the Outcomes of Approaches to Prevent and Treat Obesity

Scientific Consultant, 1991, Federal Trade Commissions’ investigation of commercial weight-loss programs

Consulting Reviewer, 1990, *Surgeon General’s Report*

PROFESSIONAL MEMBERSHIPS AND ACTIVITIES

Member, 1978 to present, American Psychological Association (APA)

Member, Society of Clinical Psychology (Div. 12)

Member, Division of Health Psychology (Div. 38)

Chair (1995-1996), Convention Program Committee (APA Div. 12)

Member, 1995, Site Visit Accreditation Team

Member, 1994-1995, Convention Program Committee (APA Div.12)

Member, 1994-1995, Convention Program Committee (APA Div. 38)

Member, 1978 -2005, Association for Advancement of Behavior Therapy (AABT)

Assistant Program Chair, 1999-2000, 2000 AABT Convention

Member, 1994-1996, Committee on Academic Training of AABT

Member, 1994-1995, Program Committee for 1995 AABT Convention

Member, 1992-1993, Program Committee for 1993 AABT Convention

Member, 1981 to present, Society of Behavioral Medicine (SBM)

Member, 2001 SBM Convention Program Committee

Member, 1997 SBM Convention Program Committee

Member, 1995 SBM Convention Program Committee

Member, 1993 SBM Convention Program Committee

Fellow / Member, 1990 to present, The Obesity Society (formerly the North American Association for the Study of Obesity)

Member, 2007 to present, American Public Health Association

Member, 2007 to present, Association of Schools and Programs of Public Health

Member, Research Committee

Licensed Psychologist, State of Florida, PY 4419, 1990 to present

AWARDS AND HONORS

Recipient, Distinguished Research Mentor Award, Society of Behavioral Medicine, 2013.

Recipient, Leadership Award, University of Florida Campaign for Charities, 2012.

Named "Robert G. Frank Endowed Professor of Clinical and Health Psychology," 2010.

Elected Member, Delta Omega Public Health Society, Beta Upsilon Chapter, 2010.

Recipient, Alachua County Florida Proclamation declaring March 23, 2010 as "Dr. Michael Perri and Team Haitian Relief Efforts Day."

Recipient, College of Public Health and Health Professions Leadership Award, 2009.

Recipient, Samuel M. Turner Award for Distinguished Contributions in Applied Clinical Research, Society of Clinical Psychology, American Psychological Association, 2008.
Distinguished Visiting Scholar, University of Kansas Medical Center, 2006.

Elected Fellow, Society of Clinical Psychology (Division 12) American Psychological Association, 2005.

Distinguished Visiting Scientist, Graduate Psychology Education Program, Texas Tech University, 2005.

Recipient, Distinguished Psychologist Award, Florida Psychological Association, North Central Florida Chapter, 2002.

Appointment, University of Florida Research Foundation Professorship, 2001-2004.

Diplomate in Clinical Psychology, American Board of Professional Psychology, 2001.
Recipient, AABT Certificate of Appreciation for distinguished service as co-chair of the 2000 convention

Elected Fellow, Society of Behavioral Medicine, 1999.

Expert Panel Member, American College of Sports Medicine Consensus Committee on Physical Activity and the Treatment of Obesity, 1998-1999.

Member, National Heart, Lung, and Blood Institute's Task Force on "Maintenance of Behavior Change in Cardiorespiratory Risk Reductions," 1998-1999.

Named Fellow, 1998, Obesity Society (formerly the North American Association for the Study of Obesity).

Recipient, APA Division 12 Certificate of Appreciation for “distinguished service as Chair of the Program Committee 1996”

Elected Charter Fellow, Division on Addictions, American Psychological Association, 1995.
Recipient, Audrey Schumacher Faculty Award for Outstanding Achievement in Clinical and Health Psychology, University of Florida, 1994.

Recipient, Faculty Research Award, University of Florida College of Health-Related Professions, 1993.

Elected Fellow, Division of Health Psychology, American Psychological Association, 1991.

Recipient, Superior Performance Award, FDR VA Hospital, Montrose, NY, 1990.

Recipient, Community Service Award, Indianapolis United Way/Combined Federal Campaign, 1985.

Recipient, Superior Performance Award, Richard L. Roudebush VA Medical Center, Indianapolis, IN, 1985.

Recipient, Middlebush Graduate Fellowship, University of Missouri—Columbia, 1976-1977.

Recipient, US Public Health Service Fellow, University of Missouri – Columbia. 1973-1975.

Recipient, Bronx Rotary Club Scholarship, Fordham University, 1972-1973.

Recipient, New York State Regents Scholarship, Fordham University, 1970-1973.