ID:\_\_\_\_\_\_\_\_\_\_

**Scoring sheet: Ingredient Task**

|  |  |
| --- | --- |
| **Item** | **Circle choice** |
| 1. Fiber in Nature’s Own Honey Wheat | **0 1** |
| 1. Lower cal, Del Monte or Rotel | **0 1** |
| 1. Highest protein, Cheerios, Shredded Wheat or Raisin Bran | **0 1** |
| 1. Fat & sugar in Publix Wheat | **0 1** |
| 1. Vitamins A & C in Rotel and Publix Diced Tomatoes | **0 1** |
| 1. Low fat/sugar, high protein: Applegate, Oscar Meyer, Hillshire Farm | **0 1** |

|  |  |  |
| --- | --- | --- |
| **Rights** | **Wrongs** | **Total time\*\*** |
|  |  |  |

\*\* Time starts with the bugle flourish, and ends with the “thank you”.