

10th

ACTIVE

Individual Assessment Part II 10th Year Post-Test

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SECTION C: TIMED IADL

Now I want you to perform 5 different types of tasks for me. These are similar to tasks you might do in your everyday activities. You might think that some of them are very easy, and you might find others more challenging. I will be timing you in each of these activities, so please stay focused on the task. If you normally wear glasses for reading or up close work, you should put these on before we start.

TASK A FINDING A TELEPHONE NUMBER

For the first task, I will give you the name of a person I want you to look up in the phone book. When you find the number I want you to say it out loud so I can hear you. The name of the person I want you to look up is **Steven N. Nelson. That’s, s-t-e-v-e-n n. n-e-l-s-o-n.** Will you repeat that name back to me?

IF CORRECT, PROCEED.

IF INCORRECT, REPEAT THE NAME TO THE SUBJECT.

MAKE SURE YOUR STOPWATCH IS READY.

Here is the phone book. Go ahead and look up the number for Steven N. Nelson for me. Remember, when you find the number, call it out loud so I can hear you.

START THE TIMER WHEN THE PERSON OPENS THE PHONE BOOK.

ALLOWABLE PROMPTS: TARGET NAME ONLY, SPELLED OUT AGAIN IF NECESSARY.

STOP THE TIMER WHEN THE SUBJECT IS FINISHED CALLING OUT THE NUMBER.

RECORD THE TIME, AND CHECK THE APPROPRIATE ACCURACY CATEGORY.

TASK A: FINDING A TELEPHONE NUMBER

CORRECT NUMBER = 408-9888

C1. TIME |__| : |__|__| : |__|__| TIME LIMIT IS 3 MINUTES

C2. ACCURACY CATEGORY:

COMPLETED CORRECTLY 1

COMPLETED INCORRECTLY 2

NOT COMPLETED WITHIN THE TIME LIMIT (3 MINUTES) 3

IF THE SUBJECT DOES NOT FIND THE NUMBER WITHIN THREE MINUTES, RECORD TIME AS 3:00:00, CIRCLE ‘3’ IN THE ACCURACY CODE, AND SAY:

“Well, that one was a tough one to find" OR "A lot of people can't find the number because of the print size so don't worry about that one.”

TASK B MAKING CHANGE

Now I am going to give you a handful of coins. I want you to count out 67 cents in change and place it on the table so I can see it. Let me know as soon as you are finished.

How much did I say you should place on the table?

IF CORRECT, PROCEED.
IF INCORRECT, REPEAT THE AMOUNT (67 CENTS) TO THE SUBJECT.

Are you right-handed or left-handed?

MAKE SURE YOUR STOPWATCH IS READY. PLACE THE COINS IN THE SUBJECT'S NON-DOMINANT HAND.

START THE TIMER WHEN YOU PLACE THE COINS IN THE SUBJECT'S NON-DOMINANT HAND.

OK, here are the coins. Remember to let me know when you are finished putting 67 cents on the table.

MOTOR CONTROL PROBLEMS: SEE MANUAL

ALLOWABLE PROMPTS: TARGET AMOUNT ONLY

STOP THE TIMER WHEN THE SUBJECT LETS YOU KNOW THEY ARE FINISHED, OR IF THEY GIVE SOME NON-VERBAL CUE THAT THEY ARE FINISHED, E.G., THEY STOP AND LOOK UP AT YOU AS IF THEY ARE SATISFIED THAT THEY HAVE FINISHED. IF YOU ARE UNSURE WHETHER THEY ARE FINISHED, SIMPLY ASK THEM: Are you finished?

RECORD THE TIME AND CHECK THE APPROPRIATE ACCURACY CATEGORY.

TASK B: MAKING CHANGE

CORRECT AMOUNT = 67 CENTS

C3. TIME |__| : |__|__| : |__|__| TIME LIMIT IS 2 MINUTES

C4. ACCURACY CATEGORY:

COMPLETED CORRECTLY..... 1

COMPLETED INCORRECTLY..... 2

NOT COMPLETED WITHIN THE TIME LIMIT (2 MINUTES)..... 3

IF THE SUBJECT DOES NOT COMPLETE THE TASK WITHIN 2 MINUTES, PLEASE RECORD THE TIME AS 2:00:00, CIRCLE '3' IN THE ACCURACY CODE, AND SAY: "Well, a lot of people have trouble with this task. Let's try another kind of task."

TASK C READING CAN INGREDIENTS

Now I am going to give you three different cans of food. I want you to read the first three ingredients on each can of food. It will say the word 'ingredients' on there. For each can, I want you to read the first three items listed under ingredients.

TASK C, CAN #1:

MAKE SURE YOUR STOPWATCH IS READY.

Here is the first can. Read the first three (3) ingredients listed out loud so I can hear you.

START THE TIMER WHEN YOU HAND THE CAN OF FOOD TO THE SUBJECT. HAND THE CAN TO THE SUBJECT WITH THE FRONT LABEL FACING HIM/HER. THE ARROW ON TOP OF THE CAN SHOULD FACE THE SUBJECT.

ALLOWABLE PROMPT: IN RESPONSE TO ANY QUESTION: I want you to read the ingredients. It will say the word 'ingredients' on there somewhere.

STOP THE TIMER WHEN SUBJECT READS THE THIRD INGREDIENT (SALT). RECORD THE TIME, AND CHECK THE APPROPRIATE ACCURACY CATEGORY.

TASK C: READING CAN INGREDIENTS (CAN 1)

CORRECT ANSWER = BEETS, WATER, SALT

C5. TIME |__| : |__|__| : |__|__| TIME LIMIT IS 2 MINUTES

C6. ACCURACY CATEGORY:

COMPLETED WITH NO ERRORS (READ ONLY THE INGREDIENTS & READ CORRECTLY)..... 1

COMPLETED WITH MINOR ERRORS (READ SOMETHING OTHER THAN INGREDIENTS, OR HAD SLIGHT READING ERRORS, E.G., BEEF, WATER, SALT OR BEETS, WAFER, SALT)..... 2

COMPLETED WITH MAJOR ERRORS (E.G., READ OTHER LARGE SECTIONS OF THE LABEL, E.G., NUTRITIONAL BREAKDOWN, BEFORE READING INGREDIENTS, AND/OR HAD MAJOR READING ERRORS)..... 3

NOT COMPLETED WITHIN TIME LIMIT (2 MINUTES)..... 4

IF SUBJECT CAN'T FIND INGREDIENTS WITHIN 2 MINUTES, RECORD THE TIME AS 2:00:00, CIRCLE '4' IN THE ACCURACY CODE, AND SAY: That's OK, let's try a different can.

TASK C, CAN #2

MAKE SURE YOUR STOPWATCH IS READY.

Here is the second can. I want you to read the first three ingredients on this can of food out loud.

START THE TIMER WHEN YOU HAND THE CAN OF FOOD TO THE SUBJECT.

PROCEDURE IS IDENTICAL TO THAT FOR CAN #1

STOP THE TIMER WHEN SUBJECT READS THE THIRD INGREDIENT (SUGAR). RECORD THE TIME, AND CHECK THE APPROPRIATE ACCURACY CATEGORY.

TASK C: READING CAN INGREDIENTS (CAN 2)

CORRECT ANSWER = TOMATOES, TOMATO JUICE, SUGAR

C7. TIME |__| : |__|__| : |__|__| TIME LIMIT IS 2 MINUTES

C8. ACCURACY CATEGORY:

COMPLETED WITH NO ERRORS (READ ONLY THE INGREDIENTS & READ CORRECTLY)	1
COMPLETED WITH MINOR ERRORS (E.G., STARTED READING SOMETHING OTHER THAN INGREDIENTS, OR HAD SLIGHT READING ERRORS)	2
COMPLETED WITH MAJOR ERRORS (E.G., READ OTHER LARGE SECTIONS OF THE LABEL, E.G., NUTRITIONAL BREAKDOWN, BEFORE READING INGREDIENTS, AND/OR HAD MAJOR READING ERRORS)	3
NOT COMPLETED WITHIN TIME LIMIT (2 MINUTES)	4

IF SUBJECT CAN'T FIND INGREDIENTS WITHIN 2 MINUTES, RECORD THE TIME AS 2:00:00, CIRCLE '4' IN THE ACCURACY CODE, AND SAY: "That's OK, it is often hard to find the ingredients. Let's try one more can."

TASK C, CAN #3

MAKE SURE YOUR STOPWATCH IS READY.

Here is the last can. I want you to read the first three (3) ingredients on this one for me out loud.

START THE TIMER WHEN YOU HAND THE CAN OF FOOD TO THE SUBJECT.

PROCEDURE IS IDENTICAL TO THAT FOR CANS 1 & 2.

STOP TIMER WHEN SUBJECT READS THE THIRD INGREDIENT (CORN). RECORD THE TIME, AND CHECK THE APPROPRIATE ACCURACY CATEGORY.

TASK C: READING CAN INGREDIENTS (CAN 3)

CORRECT ANSWER = TOMATOES, OKRA, CORN

C9. TIME |__| : |__|__| : |__|__| TIME LIMIT IS 2 MINUTES

C10. ACCURACY CATEGORY:

COMPLETED WITH NO ERRORS (READ ONLY THE INGREDIENTS & READ CORRECTLY).....	1
COMPLETED WITH MINOR ERRORS (E.G., STARTED READING SOMETHING OTHER THAN INGREDIENTS, OR HAD SLIGHT READING ERRORS).....	2
COMPLETED WITH MAJOR ERRORS (E.G., READ OTHER LARGE SECTIONS OF THE LABEL, E.G., NUTRITIONAL BREAKDOWN BEFORE READING INGREDIENTS, AND/OR HAD MAJOR READING ERRORS).....	3
NOT COMPLETED WITHIN TIME LIMIT (2 MINUTES).....	4

IF SUBJECT CAN'T FIND INGREDIENTS WITHIN 2 MINUTES, RECORD THE TIME AS 2:00:00, CIRCLE '4' IN THE ACCURACY CODE, AND SAY:

That's OK, the print on some of these cans is very small so a lot of people have trouble finding where the ingredients are listed.

TASK D FINDING ITEMS ON A SHELF

MOVE THE TIMED IADL KIT WITH THE FOOD ARRAY TO A LOCATION ON A TABLE WITHIN EASY REACH OF THE SUBJECT. PLACE IT DIRECTLY IN FRONT OF THE SUBJECT. DO NOT OPEN IT YET.

Now I am going to show you a shelf full of food items. I want you to find two food items. The items I want you to find are a **can of tomato soup and a box of macaroni & cheese**. Show me you have found the items by **touching** them with your finger. Don't try to take them out, just touch them with your finger. It doesn't matter which of the two you touch first.

What items do I want you to locate and touch?

IF CORRECT, PROCEED.

IF INCORRECT, REPEAT THE 2 ITEMS TO THE SUBJECT.

MAKE SURE YOUR STOPWATCH IS READY. START THE TIMER WHEN YOU UNCOVER THE ARRAY OF FOOD ITEMS.

YOU MUST WATCH THE SUBJECT'S HANDS TO SEE WHICH ITEMS HE/SHE TOUCHES.

ALLOWABLE PROMPTS: 1) IN RESPONSE TO A QUESTION ABOUT WHAT THEY ARE LOOKING FOR: "You are looking for a can of tomato soup and a box of macaroni and cheese" 2) IF THEY TOUCH AN INCORRECT OBJECT DO NOT STOP THE TIMER BUT SAY "No, that is not one of the items you are looking for. Remember you are looking for a can of tomato soup and a box of macaroni and cheese."

STOP THE TIMER AFTER THEY HAVE TOUCHED THE SECOND ITEM SUCCESSFULLY. RECORD THE TIME, AND CHECK THE APPROPRIATE ACCURACY CATEGORY.

TASK D: FINDING ITEMS ON A SHELF

CORRECT CHOICES = CAN OF TOMATO SOUP AND A BOX OF MACARONI & CHEESE

C11. TIME |__| : |__|__| : |__|__| TIME LIMIT IS 2 MINUTES

C12. ACCURACY CATEGORY:

COMPLETED CORRECTLY (NO ERRORS)..... 1

COMPLETED CORRECTLY BUT WITH ERROR (E.G., TOUCHED WRONG ITEM BEFORE FINDING TARGET ITEM) 2

NOT COMPLETED WITHIN THE TIME LIMIT (2 MINUTES)..... 3

IF SUBJECT CAN'T FIND THE GROCERY ITEMS WITHIN 2 MINUTES, RECORD THE TIME AS 2:00:00, CIRCLE '3' IN THE ACCURACY CODE, AND SAY: "That's OK, this box is cluttered up with a lot of food items."

TASK E READING DIRECTIONS ON MEDICINE CONTAINERS

Now for the last task in this set, I want you to read the directions on two medicine containers. I want you to read the directions out loud.

TASK E, MEDICINE CONTAINER #1

MAKE SURE YOUR STOPWATCH IS READY.

THE ARROW ON TOP OF THE CONTAINER SHOULD POINT TOWARD THE SUBJECT.

Please read the directions on this container out loud so I can hear you.

START THE TIMER WHEN YOU HAND THE CONTAINER TO THE SUBJECT WITH THE FRONT OF THE LABEL FACING THE SUBJECT (ARROW POINTING TOWARD SUBJECT).

WHEN SUBJECT STARTS TO READ THE DIRECTIONS, READ ALONG WITH HIM/HER IN THE TEXT BELOW (SEE CORRECT ANSWER) AND MAKE NOTE OF ANY ERRORS, OMISSIONS, OR INSERTIONS.

ALLOWABLE PROMPT: IF THE SUBJECT READS ANYTHING OTHER THAN THE DIRECTIONS, REMIND THEM, WITHOUT STOPPING THE TIMER, "I want you to read only the directions" AND INDICATE THAT ERROR BY CHECKING THE APPROPRIATE ACCURACY CATEGORY.

STOP THE TIMER WHEN THE SUBJECT FINISHES THE LAST WORD OF THE DIRECTIONS ('DAILY'). RECORD THE TIME, AND CHECK THE APPROPRIATE ACCURACY CATEGORY.

TASK E: READING DIRECTIONS ON MEDICINE CONTAINER #1

**CORRECT ANSWER = "TAKE ONE CAPSULE 3 TIMES A DAY FOR 3 DAYS
THEN ONE CAPSULE DAILY"**

C13. TIME |__| : |__|__| : |__|__| TIME LIMIT IS 2 MINUTES

C14. ACCURACY CATEGORY:

COMPLETED CORRECTLY (READ ONLY THE DIRECTIONS).....	1
COMPLETED WITH MINOR ERRORS (E.G., STARTED READING SOMETHING OTHER THAN DIRECTIONS, AND/OR HAD MINOR READING ERRORS).....	2
COMPLETED WITH MAJOR ERRORS (E.G., READ LARGE SECTIONS OF THE LABEL OTHER THAN DIRECTIONS AND/OR HAD MAJOR READING ERRORS).....	3
NOT COMPLETED WITHIN THE TIME LIMIT (2 MINUTES)	4

IF SUBJECT CAN'T FIND OR READ THE INSTRUCTIONS WITHIN 2 MINUTES, RECORD THE TIME AS 2:00:00, CIRCLE '4' IN THE ACCURACY CODE, AND SAY: That's OK, the print on some of these labels is almost impossible for anyone to read.

TASK E, MEDICINE CONTAINER #2

MAKE SURE YOUR STOPWATCH IS READY.

PROCEDURE IS THE SAME AS FOR MEDICINE CONTAINER #1.

Now I want you to read the directions on this medicine container out loud so I can hear you.

START THE TIMER WHEN YOU HAND THE CONTAINER TO THE SUBJECT WITH THE FRONT OF THE LABEL FACING THE SUBJECT (ARROW POINTING TOWARD SUBJECT).

STOP THE TIMER WHEN THE SUBJECT FINISHES THE LAST WORD OF THE INSTRUCTIONS ('DAY'). RECORD THE TIME, AND CHECK THE APPROPRIATE ACCURACY CATEGORY.

TASK E: READING DIRECTIONS ON MEDICINE CONTAINER #2	
CORRECT ANSWER = "TAKE 1 TABLET TWO TIMES A DAY"	
C15. TIME __ : __ __ : __ __	TIME LIMIT IS 2 MINUTES
C16. <u>ACCURACY CATEGORY:</u>	
COMPLETED CORRECTLY (READ ONLY THE DIRECTIONS)	1
COMPLETED WITH MINOR ERRORS (STARTED READING SOMETHING OTHER THAN DIRECTIONS, AND/OR HAD MINOR READING ERRORS).....	2
COMPLETED WITH MAJOR ERRORS (READ LARGE SECTIONS OF THE LABEL OTHER THAN DIRECTIONS, AND/OR HAD MAJOR READING ERRORS)	3
NOT COMPLETED WITHIN THE TIME LIMIT (2 MINUTES).....	4

IF SUBJECT CAN'T FIND OR READ THE DIRECTIONS WITHIN 2 MINUTES, RECORD THE TIME AS 2:00:00, CIRCLE '4' IN THE ACCURACY CODE, AND SAY:

That's OK, we don't have to do any more of that type of activity.

That completes these activities. Thank you.